

Rationale

This policy outlines Garnteg Primary School's intention to support Teaching and Learning both in school and through home learning during the Covid-19 pandemic.

It is the right of all pupils and members of the school community to have access to high quality learning, experienced through high quality teaching and we are committed to offering this through a blended learning approach while keeping in mind the wellbeing of our pupils, staff and all stakeholders.

Online Safety

Regardless of the current global events, it is important for staff to:

- * follow the normal school procedures and codes of conduct
- * only use school-authorised accounts/platforms and devices when corresponding with students and parents/carers
- * maintain professional boundaries on social media and avoid sharing personal mobile numbers or accepting or requesting students or parents/ carers as 'friends' on personal accounts
- * understand and follow our safeguarding procedures for disclosures and duty of care concerns.

It is recommended that staff:

- * revisit our online safety and acceptable use policies (a full copy is available to view and download here http://www.garntegprimary.co.uk/media/1201/e-safety-policy-with-appendices-2018.pdf/)
- * reinforce pupils knowledge regarding how to stay safe online, including appropriate behaviour whilst online and communicating with staff and peers and share acceptable use agreements with them where necessary
- * model good practice when using technology.

Online behavioural expectations for staff

- * adhere to professional boundaries in terms of conversations with children and parents
- * ensure backgrounds are blurred where possible during online class video calls
- * when teaching using live videos, ensure child is not alone and a responsible carer is supervising, also ensure video chats are group based/class based, never 1:1

Aims

- 1. To provide a link between home and school so that pupils and parents can share information, work and ask questions when needed.
- 2. To support all stakeholders and uphold our open-door policy remotely.
- 3. To ensure mental and emotional wellbeing is a key focus and integrated into our everyday practice.
- 4. To provide an on-line education using Hwb Classes and Microsoft Teams as the main resource; pupils are set work by their class teacher which encompasses the Four Purposes of the Curriculum for Wales.
- 5. To ensure coherence between in school and remote/home learning.
- 5. To provide alternative work for families not on-line or with limited access (or no access) to IT devises via home learning packs.
- 6. To provide feedback on work completed through Hwb Classes, Microsoft Teams or Class Dojo.

Support for Learners (including those in vulnerable groups)

We will ensure that all learners have equal access to school-based adults either through face to face contact or via online learning. Pastoral and communication systems will allow school staff to accurately identify families who may have increased or new vulnerabilities due to financial/health/wellbeing pressures as a result of the pandemic.

School staff will ensure that procedures are in place to allow all pupils to re-engage and interact in school life with a focus on enhancing learner's emotional, mental, physical and social well-being. We will implement a range of strategies to make effective use of the outdoors to support learning and wellbeing and pastoral and wellbeing support will be made available via our Thrive practitioners.

Feedback from pupil groups will be used effectively to enhance learner experiences and ensure good levels of wellbeing, learner engagement and progress. Assessment will be a fundamental part of the learning process, and contribute to developing a holistic picture of the learner in order to identify and support their next steps.

Professional Learning for Staff

Staff will be encouraged and enabled to develop curricula that makes extensive use of the full range of online learning techniques, and move beyond just trying to solely emulate face-to-face teaching methods. Innovation and creativity will be well supported at all levels to ensure a rich and effective student experience.

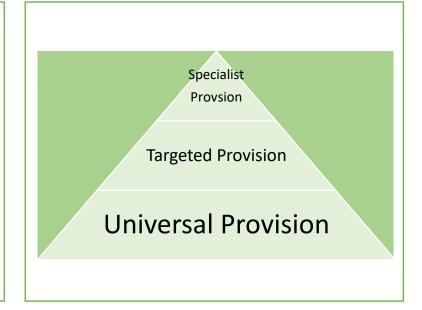
We will ensure effective mechanisms are in place for staff to share knowledge, practices and experiences with colleagues and allow effective practice to be shared and celebrated. Success is recognised openly and school's self-evaluation processes reflect evidence of effective practice. Staff will have access to appropriate practical guidance around online delivery and worthwhile online staff development opportunities will be available wherever they can improve delivery and accessibility.

We will ensure all governors understand the role of distance learning in order to effectively support and challenge the school leadership on their approach.

Wellbeing Checklist - Pupil Support & Wellbeing upon returning to school

The following checklist is a rationale for focusing on pupils' well-being and support during the transition back to school and is based on a range of evidence-informed strategies to improve pupils' experiences. Schools should consider structuring their wellbeing support for all stakeholders using the pyramid of provision

Wellbeing is a whole school approach and not just about vulnerable children. The principles and practices are beneficial for all staff and learners (Universal Provision). Some pupils will need more investment of time than others (Targeted Approach) but all pupils will benefit from feeling safe and calm in any educational setting.



The checklist below will help you clarify your various levels of provision.

The checklist has been created around the 5Rs: return, reflection, recovery, relationships and relaxation.

Return	Provision in place
Ensuring all learners feel safe in school by:	
1. Having a Whole school approach to wellbeing	
2. Re-evaluate and / or reaffirm core values of the schools	
3. Increase social engagement in staff	
4. Re-establishing routines and structure	
5. Re building relationships and peer interaction	
6. Review Behaviour policy and adapt as required, consider having a relationship policy alongside for all pupils.	
Key interventions to support all pupils in relation to re engaging and interacting in school life:	
7. Build in reflection time to the daily timetable via Circle Time / Form Tutor	

8. Focus on Social, Emotional Learning via key activities. 9. Implement the 5 ways to wellbeing within the Curriculum 10. Focus on enhancing the pupil's emotional, mental, physical and social wellbeing. 11. Identify Key Emotional Adult for all learners in the initial stage and that learners are aware of this. 12. Create non negotiables for classroom behaviours building on empathy. Ensure all vulnerable learners know when and where to find at least one specific and emotionally available adult: 13. Identify and support the pupils in most need of social and emotional buffering. 14. Consider using key wellbeing measures such as Boxall / SDQ/PASS/HAPPEN Staff are confident in modelling conversation that matter with pupils: 15. Emotion coaching approaches Staff to adjust expectations and practises regarding traumatic stress and loss during school lockdown: 16. Ensure means for pupils to voice their feelings/emotions and past experiences. 17. Identify key staff who have a key role in Wellbeing / Pastoral and who has been trained in evidence based interventions to support pupils wellbeing e.g.ELSA, Nurture, Thrive Identify pastoral and wellbeing support that is available: 18. In school - Head of Years / Designated LAC, School Counsellor / ELSA/ Trauma Informed Practitioner/ Learning Coach, family engagement worker 19. External - discuss central support available from LA /Health and third sector. Reflection Consider how to provide additional support to children who have not accessed formal learning during the lock down Remember that these may not necessarily be the children you expect (see list) Implement a variety of interventions to help children self-regulate Mindfulness Outdoor and Nature Exercise Breathing for regulation Help repair brain psychological damage caused by trauma through regulating, playful, enriched and reflective adult-child relationships Show kindness Show compassion and gentleness Focus on hope Focus on what we've learnt

- Appreciate small acts of kindness
- Recognise acts of kindness in the community, nationally, globally
- Use nature and the arts to appreciate the beauty in the world

Promote curiosity of the world around them

Adults to share experiences and emotions with children

- Build trusting relationships
- Take time to remember lovely memories of people, places and events
- Take time to reflect on loss of experiences
- Take time to mark lost celebrations
- Recognise the work done by individuals and teams in the school, teaches and pupils during lock down

Help children to symbolise painful life experiences through words and images

- Provide children with means to symbolise experience
- Help children to form coherent narrative
- 'I wish my teacher knew' exercise

Help children form coherent narratives about what has happened in their communities and to them

- Discuss new words heard and their meanings
- Name emotions that may have been felt

Help children to express anger, grief, sadness, being scared and also reflection:

- Reflect on experiences and emotions
- Provide targeted PHSE sessions with classes and smaller groups
- Restorative conversations
- Empathetic conversations (WINE wonder, imagine, notice, empathise)
- Validate children's emotions
- School behaviour/discipline policy

Supportive, proactive interventions

Recovery

Re-establishing expectations in regards to all areas of school life $% \left\{ 1,2,...,n\right\}$

- Staff using interventions that help them get to know pupils.
- Academic demands All staff to take into consideration the differences in accessing learning during lockdown and its impact.
- Build in refection time to ensure pupil voice.
- Differentiate between those pupils who have been on site and those who have not.

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	ider holding a formal act of remembrance		
-	Help children develop effective stress regulatory systems in the brain and body (good vagal tone) through mental state talk, empathy,		
conta	ainment and soothing		
-	Run 'Talk Time' groups for teachers which will provide important opportunities to to be listened to and supported		
-	Recognise that children will have experienced lock down differently		
- D.I.	Allow time for shared experiences to develop empathy for each other		
Kelat	tionships		
Prov	ision of repeated positive experiences in emotional, social learning across all learners, focus on:		
•	Building positive thinking habits		
•	Supporting motivation and focus		
•	Increasing self-confidence / self esteem		
•	Building Resilience		
•	Managing Anxiety		
•	Provide social communication opportunities		
•	Provide team building opportunities		
•	PLAY and outdoor learning		
Build	l good schools family links		
Child	centred approach to learning		
-	Be transparent about what is happening in the school		
-	Be transparent why it is happening		
-	Keep connected and share news		
-	Ask for views		
-	Pre-warn of changes and reasons behind changes		
Prov	ide space for children to find their voice		
Trair	n staff in the art of good listening, mental state talk, empathy		
-	SHUSH – active listening tips by The Samaritans		
-	Child Bereavement UK		
-	Metacognition		
-	Ted talks		
-	ACES training		
-	Nurture Uk		

- Restorative conversation
- Trauma Informed Practise
- Growth Mind set

Relaxation

Through a whole school approach, consistently enable children to feel calm, soothed and safe again

- Ensure staff feel calm and safe
- Reach out and greet/welcome students back into school and learning
- Create the feeling of togetherness with transparency. Share information with parents/carers and children and allow for feedback
- Prepare and allow time to being around people again
- Create opportunities and freedom to re-establish friendships
- Share information on how schools will be addressing gaps in learning
- Provide opportunities to re-skill and rebuild confidence
- Prepare and allow time to establish new routines
- Use knowledge of pupils' range of experiences to ensure equality
- Re-establish expectations of school behaviour
- Use visual timetables to help manage change new routines

Ensure children know where and who they can go to when they feel vulnerable/scared/alone