



## GARNTeg PRIMARY SCHOOL

Hillcrest Garndiffaith Pontypool Torfaen NP4

7SJ

01495 742934

[Garntegschool.office@torfaen.gov.uk](mailto:Garntegschool.office@torfaen.gov.uk)

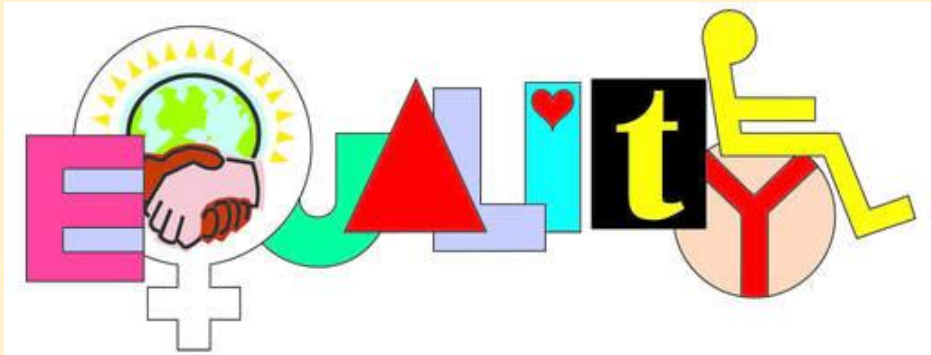
[www.garntegprimary.co.uk](http://www.garntegprimary.co.uk)



Newsletter - 23<sup>rd</sup> January 2026

Cylchlythyr - 23<sup>rd</sup> Ionawr

Value for this half term is



Gwerth yr hanner tymor

Croeso Yn Ôl

### INSET DAYS

Friday 13<sup>th</sup> March 2026 - Cluster Inset Day

Monday 13<sup>th</sup> April 2026

Friday 17<sup>th</sup> July 2026

Monday 20<sup>th</sup> July 2026

## Term Dates - 2025/2026 Academic Year

Term	Term Begins	Half Term Begins	Half Term Ends	Term Ends
Autumn	Monday 01.09.25	Monday 27.10.25	Friday 31.10.25	Friday 19.12.25
Spring	Monday 05.01.26	Monday 16.02.26	Friday 20.02.26	Friday 27.03.26
Summer	Monday 13.04.26	Monday 25.05.26	Friday 29.05.26	Monday 20.07.26



### Valentines Discos

Valentines Discos for Foundation Phase will take place on Wednesday 11<sup>th</sup> February and Key Stage 2 will be on Thursday 12<sup>th</sup> February 2026.

Please can pupils wear something red to school to celebrate and donate a £1 towards classroom resources. Snacks will also be available to buy at the discos.

### Home Readers

If you have any school reading books at home, please can these be returned to school as soon as possible. It is important that home readers are returned to school each week so they can be given to other pupils. Many thanks

### Tesco Stronger Starts



## Parking Notices

A polite reminder during drops off and pick up times, the Millenium Hall is available to park in. Please be mindful residents and the safety of children when parking.

## Late Arrivals

If pupils arrive at 9:00am and after, please can all Parents & Carers (or whoever brings them to school) take them to the school office for their registration mark and lunch choice. Pupils need to be handed over to office staff. Can Parents & Carers please let other adults who bring children to school know this information too.

## Residential trips

A reminder that Year 5 and 6 residential trip payments must be paid before the end of March 2026. Parents/Carers can make instalments. Thank you!

## Headlice Information

Please can parents/carers be aware of checking children's hair for headlice.

If you do find head lice, commence effective treatment immediately and be sure to complete the process of treatment. This will prevent head lice from spreading.

Keep checking every 2 days until there are no lice found for 10 consecutive days.

## Food and Wellbeing Camp

**Torfaen Play & Short Breaks Service**  
Providing a variety of fun and interactive sessions in the heart of the community.

# FOOD AND WELLBEING CAMP

**Tuesday 17th February**  
**Wednesday 18th February**  
**Thursday 19th February**  
10:00am - 3:00pm  
Age 5 to 11 years

**HOT LUNCH PROVIDED DAILY FREE OF CHARGE**

**Garnteg Primary School**  
Hillcrest, Garndiffaith,  
Pontypool, NP4 7SJ

**Pre booking required**  
Please use the QR code to pre book  
For more information please contact:  
torfaenplay@torfaen.gov.uk

**FREE OF CHARGE**

**@chwaraetorfaentorfaenplay** **Chwarae Torfaen Torfaen Play**  
**@torfaenplayservice** **torfaenplay@torfaen.gov.uk**

**Pontypool Community Council**  
Cynghor Cymuned Pontypŷl

## Application

## School Messaging and Communication

### Use of 'X' (Twitter)

After February half term we will no longer be using X as a platform to share information and class posts. We will be moving over to Instagram as our main platform. We will share our new pages with you once these have been set up.



### Thank you to all parents and carers

We have had a good response to the messaging books at the gates in the mornings this has allowed quick and easy ways to pass on messages to classes.

**If your child attends breakfast club and you have messages to pass on, please can these be given to the main office so that they can be passed on to classes.**

Please remember parents will need to ensure with their child in the morning the gate pick up. The school can no longer take messages in the afternoon with a change of gate if this happens, parents will be responsible for walking to the correct gate pick up and your child will stay with the teacher until you collect.

### Diary Dates

 Community Support in School! 

Citizens Advice will be available in the school hall on **Tuesday 17<sup>th</sup> March 2026 from 2-4pm.** Their family advice project is here to provide support, answers, and guidance.

We hope to see you there; refreshments will be available! 🍕 🍷

# Brighter Futures Together South Wales

Citizens Advice Torfaen provide confidential and impartial advice on a range of areas including:

- Debt
- Benefits
- Housing
- Employment
- Family

Working in partnership with local schools, we are pleased to deliver a family advice project which sets out an aim to tackle child poverty through delivery of advice and support to parents/guardians at schools across the county.

**You can meet with our dedicated advisor at  
Garnteg Primary School on the following dates:**

20/01/2026 02pm-04pm  
17/03/2026 02pm-04pm  
21/04/2026 02pm-04pm  
19/05/2026 02pm-04pm  
16/06/2026 02pm-04pm

**Alternatively if you can't make it, give us a call:**

**01633 973570**

**WhatsApp**

**07562685212**



**cyngor ar  
bopeth**

**citizens  
advice**

**Torfaen**

**Noddfa Church**





# FREE TUITION GET AHEAD

Key Stage 2-4

**MONDAYS 4-6PM**

A drink and a snack when you arrive

## LEARNING MADE FUN

Interactive sessions to help make learning fun.  
Games and Quizzes that will help you in every  
subject across the curriculum

## HOMEWORK HELP

Come with questions and we can help you  
to answer them for yourself.

## QUALIFIED TEACHERS

Volunteers from Noddfa Church with  
experience in teaching are giving up their time  
to offer free tuition.

[www.NoddfaChurch.com](http://www.NoddfaChurch.com)

(Homeschoolers welcome)



LEARN  
LOVE  
SHARE

# NODDFA JUNIORS

**FRIDAYS 6-8PM**  
TERM-TIME

**FOR PRIMARY SCHOOL  
AGED CHILDREN**

MAKE NEW FRIENDS  
EXPLORE CHRISTIANITY  
ASK QUESTIONS

Team  
**AWARDS**

Individual  
**PRIZES**

Cost  
**FREE**

## Activities

- ✓ Storytelling & Crafts
- ✓ Games and Singing
- ✓ Tuck Shop
- ✓ Pizza and snacks
- ✓ Seasonal trips

## Noddfa Church

Abersychan  
NP4 7EF

## All are welcome

You do not need to be a  
"Christian" to come.

More Information [www.NoddfaChurch.com](http://www.NoddfaChurch.com)



# A allai fod yn sepsis?

Mae sepsis yn gyflwr sy'n **perylu bywyd**. Gorymateb y system imiwnedd i haint neu anaf.

## Symptomau plant

- Byddant yn anadlu'n gyflym iawn
- Byddant yn cael 'ffit'
- Yw eu croen yn edrych yn frith, yn las, neu os byddant yn edrych yn welw iawn
- Oes ganddynt frech nad yw'n pylu pan fyddwch chi'n rhoi pwysau arno
- Byddant yn swrth iawn neu'n anodd eu deffro
- Byddant yn teimlo'n anarferol o oer pan fyddwch yn eu cyffwrdd

## Symptomau oedolion

Lleferydd aneglur neu ddryswch  
Crynodod eithafol neu boen yn y cyhyrau  
Pasio dim wrin (mewn diwrnod)  
Diffyg anadl difrifol  
Teimlo eich bod chi am farw  
Croen brith neu liw anarferol

Gall newidiadau i liw ymddangos mewn mannau â phigmentau goleuach, megis y tu mewn i fraich neu gledrau'r llaw, mewn pobl sydd â chroen tywyllach.

## Amau sepsis?

Ceisiwch gymorth meddygol ar frys.

**Ffoniwch 999** neu ewch i'r  
**Adran Achoslon Brys yn Ysbyty**  
**Athrofaol y Faenor.**

Os ydych yn poeni am haint ond nad ydych yn amau sepsis, fffoniwch 111.



Sganiwch y  
cod QR i gael  
rhagor o  
wybodaeth.



Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board



THE UK  
SEPSIS  
TRUST



To find  
out more,  
scan the  
QR code.

# Could it be sepsis?

Sepsis is a **life-threatening** condition. It is the immune system's overreaction to an infection or injury.

## Child symptoms

- Are breathing very fast
- Have a 'fit' or convulsion
- Look mottled, bluish, or very pale
- Have a rash that does not fade when you press it
- Are very lethargic or difficult to wake
- Feel abnormally cold to touch

## Adult symptoms

Slurred speech or confusion  
Extreme shivering or muscle pain  
Passing no urine (in a day)  
Severe breathlessness  
It feels like you're going to die  
Skin mottled or discoloured

Darker pigmented skin may show colour changes in more lightly pigmented areas, like the inside of the forearm or palms.

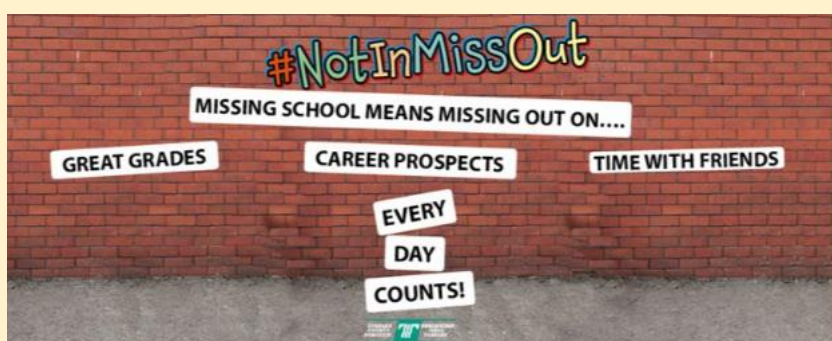
## Suspect sepsis?

**Seek medical help urgently.**

**Call 999** or visit the **Emergency**  
**Department at The Grange**  
**University Hospital.**

If you're worried about an infection but don't suspect sepsis, call 111.

[blpab.glg.cymru/sepsis](http://blpab.glg.cymru/sepsis) [sepsistrust.org](http://sepsistrust.org) [abuhb.nhs.wales/sepsis](http://abuhb.nhs.wales/sepsis)



### Attendance Winners 19<sup>th</sup>-23rd January 2026

Congratulations to Dosbarth 3 Miss Bones/Mrs Messori who were foundation phase attendance winners for last week with 97.50% and Dosbarth 10 Mrs Lee for KS2 with 96%

**WELL DONE! DA IAWN!**

### This week's attendance figures are

Year	% overall	Class	Percentage	Year	% overall	Class	Percentage
Nursery	90.66	0	90.66	3 / 4	96.92	5	94.29
Reception	82.44	1	82.44			6	90.33
				4	90.63	7	95.86
1	91.43	2	91.43				
1 / 2	89.29	3	82.86	5 / 6	84.26	8	90.69
		4	95.31	5 / 6	89.14	9	84.84
						10	79
						11	92.41



<b>Class</b>	<b>Target by end of year</b>	<b>Current percentage to date</b>
<b>3</b>	95	91.49
<b>4</b>	95	91.86
<b>5</b>	95	92.76
<b>6</b>	95	92.11
<b>7</b>	95	95.01
<b>8</b>	95	89
<b>9</b>	95	92.46
<b>10</b>	95	92.73
<b>11</b>	95	92.61

### Seren Yr Wythnos

<b>Foundation Phase</b>		<b>Key Stage 2</b>	
<b>Class</b>	<b>Seren Yr Wythnos</b>	<b>Class</b>	<b>Seren Yr Wythnos</b>
Nursery - Mrs Rogers	AM-Archie PM-Kiarah	Dosbarth 5 - Mr Key	George
Dosbarth 1 - Mrs Lewis	Levi	Dosbarth 6 - Miss Williams	Charlie
Dosbarth 2 - Miss Dalton	Bailey	Dosbarth 7 - Mr Phillips	Amalee
Dosbarth 3 - Miss Bones / Mrs Attewell	Whole Class	Dosbarth 8 - Mrs Ngwenya	Mali
Dosbarth 4 - Miss Brooks	Lauren	Dosbarth 9 - Mrs Emanuel	Sienna W
		Dosbarth 10 - Mrs Lee	Nael
		Dosbarth 11 - Mrs Parker-Evans	Skilar

**Meithrin** - Wythnos Ffantasteg! Nursery have enjoyed thinking of adjectives to describe the dragon that was the main character of our new class book 'Dragon Post.' their drawings and adjectives were amazing. The children have also been talking about symbols of Wales ready for their pieces of work for the school Eisteddfod. We can't wait to see what they produce. Have a lovely weekend.

**Dosbarth 1** - Our Reception learners have been having a wonderful time exploring our exciting topic **Cymru Gwych!** We have loved diving into our new text, *Dilwyn the Dragon*, and using lots of *WOW words* to describe this fantastic character. Everyone has been working so hard to share their ideas and use creative language in their writing and discussions. It has been lovely to see how confident and imaginative you all are becoming. Keep up the brilliant effort, Reception — you are all shining stars, and we know you will continue to sparkle brightly! Have a wonderful weekend! Diolch. 😊

**Dosbarth 2** - What a wonderful time we had on our school trip to Caerphilly Castle on Monday. We enjoyed exploring the story trail in the castle, seeing the dragons from the Tale of the Red dragon and working together to answer quiz questions and search for special objects around the castle. This has helped us with our literacy writing, developing our ideas to write our own version of the tale. Da iawn to all our exceptionally behaved learners. Have a lovely weekend. 😊

**Dosbarth 3** - We have had a very exciting week leading up to our wonderful trip to Caerphilly castle. We have been creating our own mythical characters and planning our own story. We loved seeing the Dragons, Dewi and Dwynwen at Caerphilly Castle and children's behaviour on the trip was excellent - what a lovely way to end our week! 😊

**Dosbarth 4** - Gwaith Da Dosbarth 4! Our highlight this week has definitely been our school trip to Caerphilly Castle. Your behaviour was exemplary and we had the best day exploring the castle the grounds and seeing Dewi and Dwynen from our myth we are writing about for our school Eisteddfod. Thank you for your support with the school trip ensuring the children were wrapped up warm and a BIG diolch to the parents' helpers. Have a lovely day.

**Dosbarth 5** - Diolch for another brilliant week! This week we have been using measures in our maths, exploring a new book called 'Listen' in our literacy and have been exploring the ways that sound is created and how it travels to us in our science learning. New spellings have been sent this week, and a slip to share the score from this week's spelling check. Have a lovely weekend!

**Dosbarth 6** - Da iawn for another excellent week in class dosbarth 6! We have been very busy using our measuring and weighing skills in maths to complete investigations and in literacy have been exploring our new class book 'Listen' a story about a famous musician called Evelyn Glennie. We have been exploring soundwaves and how we hear music in topic and are thoroughly enjoying our new topic, 'the hills are alive with the sound of music'. Have a lovely weekend everyone.

**Dosbarth 7** - We have been enjoying working on our topic work this week, exploring sound. We have also had some wonderful discussions linked to our new class novel, The Mizzy Mysteries. We have also recorded our class assembly. Look out for it on SW20 radio soon. Reminder that PE sessions will still be on a Wednesday and Thursday. Have a lovely weekend!

**Dosbarth 8** - Da iawn Dosbarth 8 for another fantastic week! We have enjoyed exploring how Marvel heroes relate to mythical stories and have enjoyed creating our own blogs. A reminder that payments for the residential trip are due at the beginning of March 😊 Have a wonderful weekend!

**Dosbarth 9** - Bendigedig dosbarth 9 for another brilliant week. This week we have been writing blogs, practicing our Welsh and converting fractions to decimals and percentages! A reminder that this term's learning logs have been given out. Also just a reminder that Year 5 are now able to pay for swimming on civic payments and that both residential payments are due in March; year 5 March 2<sup>nd</sup> and Year 6 end of March. Have a lovely weekend!

**Dosbarth 10** - Da iawn Dosbarth 10 for a great week! This week the children have enjoyed continuing our topic "Myths and Marvel" and exploring gender bias in the films. Please can the children keep bringing in their learning logs so that homework activities can be marked dojos awarded. Also, just a reminder that Year 5 are now able to pay for swimming on civic payments and that both residential payments are due in March; Year 5 March 2<sup>nd</sup> and Year 6 end of March.

**Dosbarth 11** - Da iawn Year 6, another fantastic week! I am so impressed with your swimming skills this week, you are challenging yourselves so much and the instructors have commented on your excellent behaviour. Keep working on your learning logs at home, there's a copy available on dojo too. Enjoy your weekend!

### **Community Notices**



**Have your say.**  
**Help shape the garden.**

**4th February 3pm - 5pm**  
Former Victoria Primary School, Abersychan

Come along and meet the teams behind Victoria Village Garden and have your say on the community plans.

We're inviting local residents to share ideas, ask questions, and help shape a new green space for wellbeing, nature and community.

**Garden**

Logos on the right:  
- MYST: My Support Team - Fy Nid Cymorth  
- GARNSYCHAN PARTNERSHIP: Putting your ideas into action  
- Coedwedd: COMMUNITY HUB & CHARITY

# ● WEEKLY ACTIVITIES IN ● GARNDIFFAITH AND ABERSYCHAN

## MONDAY

**10 am - 11am**

Yoga - Cwmavon Village Hall  
Baby & Me - Millenium Hall

**10 am - Midday**

Drawing & Talking - Coedwedd  
Community Hub

**12.30 - 2.30pm**

Open art session - Coedwedd  
Community Hub

**1pm - 3pm**

Wellbeing Through Stitch -  
Cwmavon Village Hall

## TUESDAY

**10 am - 11am**

Couch to 5km - Coedwedd  
Community Hub

**10 am - Midday**

Coffee Morning - Trinity  
Methodist Church

**10.30am - 11am**

Tai Chi Talywain OAP Hall

**11.30am - 12.30pm**

Body Weight Exercise Class -  
Millenium Hall

**Midday - 2pm**

Lunch club - Talywain Rugby  
Club

**2.30pm - 4.30pm**

Pensioners Club - Victoria  
Village Hall

## WEDNESDAY

**10 am - 11am**

Tai Chi - Millenium Hall

**10am - 2.30pm**

Men's shed - Coedwedd  
Community Hub

**2pm - 4pm**

Prize Bingo - Victoria Village  
Hall

Cwmavon & Blaenavon  
Crafters - Cwmavon Village  
Hall

**6pm - 8pm**

Noddfa Teens - Noddfa  
Church

**8pm - 10pm**

Old Time Modern Dancing -  
Millenium Hall

## THURSDAY

**10am - 11.30am**

Shelite (gentle exercise class) -  
Millenium Hall

**10am Start**

Wellbeing Walk - Coedwedd  
Community Hub

**10am - Midday**

Art for Everyone - Cwmavon  
Village Hall

**12.30pm - 2.30pm**

Little Feet (parent and baby  
group) - Noddfa Church

**1.30pm - 3.30pm**

Knifty Knitters - Millenium Hall

## FRIDAY

**9.30 - 10.30am**

Pop in & Play (family with pre-  
school children) - Millenium  
Hall

**10am - 11am**

Tai Chi - Cwmavon Village Hall

**10am - Midday**

Feet-Up Friday - Noddfa  
Church

**10am - 2.30pm**

Fun & Games - Coedwedd  
Community Hub

**6pm - 8pm**

Noddfa Juniors - Noddfa  
Church



The Millennium Hall are running 3 warm hubs on a weekly basis for the next few months.

Monday: 11am - 2pm will be just a warm hub (free refreshments and somewhere to go and have a chat)

Wednesday: 1pm - 4pm will be a film club (free to attend)

Saturday: 11am - 2pm will be a family film club (free to attend)

Victoria Village Hall:

Thursday: Cake and Company 11am - 1pm (free refreshments)

## Coedwedd Community Hub

Coedwedd Community Hub offer sessions in our local community for adults, including DIY, Chat and Snack and Craft and Relax. Please visit their website to find out more.

[Coedwedd Community Hub | Home | Stanley Road, Gardiffaith, Abersychan, Pontypool](#)





# Coedwedd Community Hub

Wellness in the Workshop  
Wellbeing Walks  
Coffee Mornings  
Social Garden  
Drawing & Talking



*"Strangers are just friends we haven't met yet"*

*"Mae dieithriaid yn ffrindiau nad ydym wedi cwrdd â nhw eto"*

 [info@coedwedd.org](mailto:info@coedwedd.org)

 **Coedwedd**  
Community Hub

**MEN'S SHEDS**  
CYMRU

 Stanley Road  
Garndiffaith, NP4 7LY  
(opposite Premier shop)

 **Coedwedd**  
Communitu Hub

# Weekly Schedule



**Monday**  
10am - 3pm

**Drawing & Talking**  
10am - Midday

**Open House Art**  
12:30 - 14:30



**Tuesday**  
10am - 3pm

**To Be Confirmed**



**Wednesday**  
10am - 3pm

**Coffee Morning**  
10:00 - Midday

**Men's Shed (Social & Workshop)**  
10:00 - 14:30

**Thursday**  
10am - 3pm

**Social Walk**  
10:30 - 13:00



**Friday**  
10am - 3pm

**Fun & Games**  
10am - 14:30





# Coffee Morning

**Thursdays 10 AM - Midday**

**Trinity Methodist Church**

Looking for a friendly space to connect, chat, and unwind?

Come along to our local coffee morning in Abersychan – a relaxed and welcoming gathering where neighbours become friends over a hot brew and a biscuit or two.

Trinity Methodist Church, High Street, Abersychan, NP4 7AB



TORFAEN COUNTY BOROUGH COUNCIL  
IN PARTNERSHIP WITH GARNSYCHAN PARTNERSHIP

## 'Free' Couch to 5k Programme

A relaxed beginners running programme.

Meeting at Garnsychan Partnership, 55 Stanley Road, Garndiffaith, NP4 6LH

Every Tuesday at 10am

### Overview

The couch to 5k is a guided NHS programme that supports someone who wishes to build up towards running 5km. This programme is intended for beginners, easing them into running over 9 weeks. This coached group programme will tailor advice to each person's ability. Including further guidance on strengthening exercises to prevent injury and improve overall fitness.

### What will this offer me?

- ✓ Improves physical health with a gradual approach
- ✓ Connect with people on a similar journey
- ✓ Learn strength and mobility exercises that can support your running journey

### When & where will this be?

- Meeting at Garnsychan Partnership
- Every Tuesday morning at 10am
- Refreshments provided post session at Garnsychan Partnership premises

To register your interest please contact Aled using the contact information below.

07908 215952 | aled.walker@torfaen.gov.uk



# PONTYPOOL!

**FootiCubs EARLY YEARS FOOTBALL**

**AGES 18MTHS - 5YRS**

BASED INDOORS AT  
GARNDIFFAITH HALL,  
NP4 7LT EVERY SATURDAY!

**FREE TRIAL!**



[www.footicubs.co.uk/early-years](http://www.footicubs.co.uk/early-years)



TorfaenWORKS  
Torfaen yn GWEITHIO

Llywodraeth Cymru  
Welsh Government

**£0 COST**

## INTRODUCTION TO BECOMING A SWIMMING INSTRUCTOR

WANT TO MAKE A SPLASH IN YOUR CAREER? TRY TORFAEN WORKS' NO COST TASTER SESSIONS.

**No previous experience needed**

Halo Leisure Torfaen are looking to recruit and train Swim instructors. Could you be the next?

If you are confident with basic swimming techniques, over 16, and a Torfaen resident this taster course could be for you.

### Whats on offer

- Swim Wales Safeguarding training
- 5 taster sessions to explore the role
- Funding available to complete the L2 Instructors training
- Customer Service training
- Experience a real swimming lesson
- Guaranteed interview with Halo

Contact us for more information and to check your eligibility

01633 647 743  
employability@torfaen.gov.uk

TORFAEN COUNTY BOROUGH COUNCIL  
GARNSYCHAN PARTNERSHIP  
HALO

Kindest Regards,

Mrs Roche & all the staff at Garnteg Primary School