



GARNTEG PRIMARY SCHOOL
Hillcrest Garndiffaith Pontypool Torfaen NP4
7SJ
01495 742934

Garntegschool.office@torfaen.gov.uk
www.garntegprimary.co.uk



Newsletter - 23rd January 2026
Cylchlythyr - 23rd Ionawr

Value for this half term is



Gwerth yr hanner tymor
Croeso Yn Ôl

INSET DAYS

Friday 13th March 2026 - Cluster Inset Day

Monday 13th April 2026

Friday 17th July 2026

Monday 20th July 2026

Term Dates - 2025/2026 Academic Year

Term	Term Begins	Half Term Begins	Half Term Ends	Term Ends
Autumn	Monday 01.09.25	Monday 27.10.25	Friday 31.10.25	Friday 19.12.25
Spring	Monday 05.01.26	Monday 16.02.26	Friday 20.02.26	Friday 27.03.26
Summer	Monday 13.04.26	Monday 25.05.26	Friday 29.05.26	Monday 20.07.26



Valentines Discos

Valentines Discos for Foundation Phase will take place on Wednesday 11th February and Key Stage 2 will be on Thursday 12th February 2026.

Please can pupils wear something red to school to celebrate and donate a £1 towards classroom resources. Snacks will also be available to buy at the discos.

Home Readers

If you have any school reading books at home, please can these be returned to school as soon as possible. It is important that home readers are returned to school each week so they can be given to other pupils. Many thanks

Tesco Stronger Starts



Parking Notices

A polite reminder during drops off and pick up times, the Millennium Hall is available to park in. Please be mindful residents and the safety of children when parking.

Late Arrivals

If pupils arrive at 9:00am and after, please can all Parents & Carers (or whoever brings them to school) take them to the school office for their registration mark and lunch choice. Pupils need to be handed over to office staff. Can Parents & Carers please let other adults who bring children to school know this information too.

Residential trips

A reminder that Year 5 and 6 residential trip payments must be paid before the end of March 2026. Parents/Carers can make instalments. Thank you!

Headlice Information

Please can parents/carers be aware of checking children's hair for headlice.

If you do find head lice, commence effective treatment immediately and be sure to complete the process of treatment. This will prevent head lice from spreading.

Keep checking every 2 days until there are no lice found for 10 consecutive days.

Food and Wellbeing Camp

TORFAEN COUNTY BOROUGH **PRYSMENWYD YN SIR TORFAEN**
Torfaen Play & Short Breaks Service
Providing a variety of fun and interactive sessions in the heart of the community.

FOOD AND WELLBEING CAMP

Tuesday 17th February
Wednesday 18th February
Thursday 19th February
10:00am - 3:00pm
Age 5 to 11 years

HOT LUNCH PROVIDED DAILY FREE OF CHARGE

Garnteg Primary School
Hillcrest, Garndiffaith,
Pontypool, NP4 7SJ

FREE OF CHARGE

Pre booking required
Please use the QR code to pre book
For more information please contact:
torfaenplay@torfaen.gov.uk

@chwarae torfaen torfaenplay **Chwarae Torfaen Torfaen Play**
@torfaenplayservice **torfaenplay@torfaen.gov.uk**

Pontypool Community Council
Cymru Cymuned Pent-Y-Paif

Application

School Messaging and Communication

Use of 'X' (Twitter)

After February half term we will no longer be using X as a platform to share information and class posts. We will be moving over to Instagram as our main platform. We will share our new pages with you once these have been set up.

Thank you to all parents and carers

We have had a good response to the messaging books at the gates in the mornings this has allowed quick and easy ways to pass on messages to classes.

If your child attends breakfast club and you have messages to pass on, please can these be given to the main office so that they can be passed on to classes.

Please remember parents will need to ensure with their child in the morning the gate pick up. The school can no longer take messages in the afternoon with a change of gate if this happens, parents will be responsible for walking to the correct gate pick up and your child will stay with the teacher until you collect.

Diary Dates

👉 Community Support in School! 📱

Citizens Advice will be available in the school hall on **Tuesday 17th March 2026 from 2-4pm**.

Their family advice project is here to provide support, answers, and guidance.

We hope to see you there; refreshments will be available! ☕ ☕

Brighter Futures Together South Wales

Citizens Advice Torfaen provide confidential and impartial advice on a range of areas including:

- Debt
- Benefits
- Housing
- Employment
- Family

Working in partnership with local schools, we are pleased to deliver a family advice project which sets out an aim to tackle child poverty through delivery of advice and support to parents/guardians at schools across the county.



You can meet with our dedicated advisor at Garnteg Primary School on the following dates:

20/01/2026 02pm-04pm
17/03/2026 02pm-04pm
21/04/2026 02pm-04pm
19/05/2026 02pm-04pm
16/06/2026 02pm-04pm

Alternatively if you can't make it, give us a call:

01633 973570

WhatsApp

07562685212



cyngor ar
bopeth

citizens
advice

Torfaen

[Noddfa Church](#)



FREE TUITION GET AHEAD

Key Stage 2-4

MONDAYS 4-6PM
A drink and a snack when you arrive

LEARNING MADE FUN
Interactive sessions to help make learning fun. Games and Quizzes that will help you in every subject across the curriculum

HOMEWORK HELP
Come with questions and we can help you to answer them for yourself.

QUALIFIED TEACHERS
Volunteers from Noddfa Church with experience in teaching are giving up their time to offer free tuition.

www.NoddfaChurch.com
(Homeschoolers welcome)




LEARN
LOVE
SHARE

NODDFA JUNIORS

FRIDAYS 6-8PM
TERM-TIME

**FOR PRIMARY SCHOOL
AGED CHILDREN**

MAKE NEW FRIENDS
EXPLORE CHRISTIANITY
ASK QUESTIONS

Team AWARDS **Individual PRIZES** **Cost FREE**

Activities

- ✓ Storytelling & Crafts
- ✓ Games and Singing
- ✓ Tuck Shop
- ✓ Pizza and snacks
- ✓ Seasonal trips

Noddfa Church
Abersychan
NP4 7EF
All are welcome
You do not need to be a "Christian" to come.

More Information www.NoddfaChurch.com




A allai fod yn sepsis?

Mae sepsis yn gyflwr sy'n peryglu bywyd. Gorymateb y system imiwnedd i haint neu anaf.

Symptomau plant

- Byddant yn anadlu'n gyflym iawn
- Byddant yn cael 'ffit'
- Yw eu croen yn edrych yn frith, yn las, neu os byddant yn edrych yn welw iawn
- Oes ganddynt frech nad yw'n pylu pan fyddwch chi'n rhoi pwysau arno
- Byddant yn swrth iawn neu'n anodd eu deffro
- Byddant yn teimlo'n anarferol o oer pan fyddwch yn eu cyffwrdd

Symptomau oedolion

Llefydd aneglur neu ddryswn
Cryndod eithafol neu boen yn y cyhyrau
Pasio dim wrin (mewn diwrnod)
Diffyg anadl difrifol
Teimlo eich bod chi am farw
Croen brith neu liw anarferol

Gall newidiadau i liw ymddangos mewn manau â phigmentau goleuach, megis y tu mewn i fraich neu gledrau'r llaw, mewn pobl sydd â chroen twyllach.

Amau sepsis?

Ceisiwch gymorth meddygol ar frys.
Ffoniwch 999 neu ewch i'r
**Adran Achoslon Brys yn Ysbyty
Athrofaol y Faenor.**

Os ydych yn poeni am haint ond nad ydych yn amau sepsis, ffoniwch 111.



Sganiwch y cod QR i gael rhagor o wybodaeth.



GIG
Cymru
NHS
WALES
Bwrdd Iechyd Prifysgol
Anstrini Bwrdd
University Health Board
THE UK
SEPSIS
TRUST

Could it be sepsis?

Sepsis is a **life-threatening** condition. It is the immune system's overreaction to an infection or injury.

Child symptoms

- Are breathing very fast
- Have a 'fit' or convulsion
- Look mottled, bluish, or very pale
- Have a rash that does not fade when you press it
- Are very lethargic or difficult to wake
- Feel abnormally cold to touch

Adult symptoms

Slurred speech or confusion
Extreme shivering or muscle pain
Passing no urine (in a day)
Severe breathlessness
It feels like you're going to die
Skin mottled or discoloured

Darker pigmented skin may show colour changes in more lightly pigmented areas, like the inside of the forearm or palms.

Suspect sepsis?

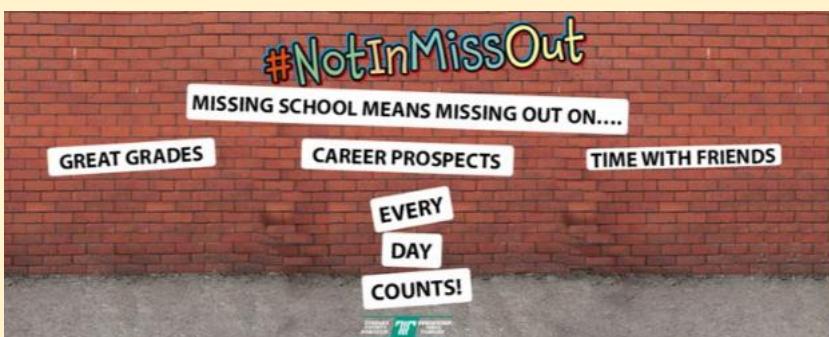
Seek medical help urgently.
Call 999 or visit the Emergency Department at The Grange University Hospital.

If you're worried about an infection but don't suspect sepsis, call 111.



To find out more, scan the QR code.

blpab.glg.cymru/sepsis sepsistrust.org abuhb.nhs.wales/sepsis



Attendance Winners 19th-23rd January 2026

Congratulations to Dosbarth 3 Miss Bones/Mrs Messore who were foundation phase attendance winners for last week with 97.50% and Dosbarth 10 Mrs Lee for KS2 with 96%

WELL DONE! DA IAWN!

This week's attendance figures are

Year	% overall	Class	Percentage	Year	% overall	Class	Percentage
Nursery	90.66	0	90.66	3 / 4	96.92	5	94.29
Reception	82.44	1	82.44			6	90.33
				4	90.63	7	95.86
1	91.43	2	91.43			8	90.69
1 / 2	89.29	3	82.86	5 / 6	84.26	9	84.84
		4	95.31			10	79
				5 / 6	89.14	11	92.41

Class	Target by end of year	Current percentage to date
3	95	91.49
4	95	91.86
5	95	92.76
6	95	92.11
7	95	95.01
8	95	89
9	95	92.46
10	95	92.73
11	95	92.61

Seren Yr Wythnos

Foundation Phase		Key Stage 2	
Class	Seren Yr Wythnos	Class	Seren Yr Wythnos
Nursery - Mrs Rogers	AM-Archie PM-Kiarah	Dosbarth 5 - Mr Key	George
Dosbarth 1 - Mrs Lewis	Levi	Dosbarth 6 - Miss Williams	Charlie
Dosbarth 2 - Miss Dalton	Bailey	Dosbarth 7 - Mr Phillips	Amalee
Dosbarth 3 - Miss Bones / Mrs Attewell	Whole Class	Dosbarth 8 - Mrs Ngwenya	Mali
Dosbarth 4 - Miss Brooks	Lauren	Dosbarth 9 - Mrs Emanuel	Sienna W
		Dosbarth 10 - Mrs Lee	Nael
		Dosbarth 11 - Mrs Parker-Evans	Skilar

Meithrin – Wythnos Ffantasteg! Nursery have enjoyed thinking of adjectives to describe the dragon that was the main character of our new class book 'Dragon Post.' their drawings and adjectives were amazing. The children have also been talking about symbols of Wales ready for their pieces of work for the school Eisteddfod. We can't wait to see what they produce. Have a lovely weekend.

Dosbarth 1 – Our Reception learners have been having a wonderful time exploring our exciting topic Cymru Gwych! We have loved diving into our new text, *Dilwyn the Dragon*, and using lots of *WOW* words to describe this fantastic character. Everyone has been working so hard to share their ideas and use creative language in their writing and discussions. It has been lovely to see how confident and imaginative you all are becoming. Keep up the brilliant effort, Reception – you are all shining stars, and we know you will continue to sparkle brightly! Have a wonderful weekend! Diolch. ☺

Dosbarth 2- What a wonderful time we had on our school trip to Caerphilly Castle on Monday. We enjoyed exploring the story trail in the castle, seeing the dragons from the Tale of the Red dragon and working together to answer quiz questions and search for special objects around the castle. This has helped us with our literacy writing, developing our ideas to write our own version of the tale. Da iawn to all our exceptionally behaved learners. Have a lovely weekend. 😊

Dosbarth 3 - We have had a very exciting week leading up to our wonderful trip to Caerphilly castle. We have been creating our own mythical characters and planning our own story. We loved seeing the Dragons, Dewi and Dwynwen at Caerphilly Castle and children's behaviour on the trip was excellent - what a lovely way to end our week! 😊

Dosbarth 4 - Gwaith Da Dosbarth 4! Our highlight this week has definitely been our school trip to Caerphilly Castle. Your behaviour was exemplary and we had the best day exploring the castle the grounds and seeing Dewi and Dwynen from our myth we are writing about for our school Eisteddfod. Thank you for your support with the school trip ensuring the children were wrapped up warm and a BIG diolch to the parents' helpers. Have a lovely day.

Dosbarth 5 - Diolch for another brilliant week! This week we have been using measures in our maths, exploring a new book called 'Listen' in our literacy and have been exploring the ways that sound is created and how it travels to us in our science learning. New spellings have been sent this week, and a slip to share the score from this week's spelling check. Have a lovely weekend!

Dosbarth 6 - Da iawn for another excellent week in class dosbarth 6! We have been very busy using our measuring and weighing skills in maths to complete investigations and in literacy have been exploring our new class book 'Listen' a story about a famous musician called Evelyn Glennie. We have been exploring soundwaves and how we hear music in topic and are thoroughly enjoying our new topic, 'the hills are alive with the sound of music'. Have a lovely weekend everyone.

Dosbarth 7- We have been enjoying working on our topic work this week, exploring sound. We have also had some wonderful discussions linked to our new class novel, The Mizzy Mysteries. We have also recorded our class assembly. Look out for it on SW20 radio soon. Reminder that PE sessions will still be on a Wednesday and Thursday. Have a lovely weekend!

Dosbarth 8 - Da iawn Dosbarth 8 for another fantastic week! We have enjoyed exploring how Marvel heroes relate to mythical stories and have enjoyed creating our own blogs. A reminder that payments for the residential trip are due at the beginning of March 😊 Have a wonderful weekend!

Dosbarth 9 - Bendigedig dosbarth 9 for another brilliant week. This week we have been writing blogs, practicing our Welsh and converting fractions to decimals and percentages! A reminder that this term's learning logs have been given out. Also just a reminder that Year 5 are now able to pay for swimming on civica payments and that both residential payments are due in March; year 5 March 2nd and Year 6 end of March. Have a lovely weekend!

Dosbarth 10 - Da iawn Dosbarth 10 for a great week! This week the children have enjoyed continuing our topic "Myths and Marvel" and exploring gender bias in the films. Please can the children keep bringing in their learning logs so that homework activities can be marked dojos awarded. Also, just a reminder that Year 5 are now able to pay for swimming on civica payments and that both residential payments are due in March; Year 5 March 2nd and Year 6 end of March.

Dosbarth 11 - Da iawn Year 6, another fantastic week! I am so impressed with your swimming skills this week, you are challenging yourselves so much and the instructors have commented on your excellent behaviour. Keep working on your learning logs at home, there's a copy available on dojo too. Enjoy your weekend!

Community Notices

**Have your say.
Help shape the garden.**

4th February 3pm - 5pm
Former Victoria Primary School, Abersychan

Come along and meet the teams behind Victoria Village Garden and have your say on the community plans.

We're inviting local residents to share ideas, ask questions, and help shape a new green space for wellbeing, nature and community.

Garden

MYST
Support Team - Ffwrdd Cymru

GARNSYCHAN PARTNERSHIP
Putting your ideas into action

Coedwedd
COMMUNITY HUB & CHARITY

● WEEKLY ACTIVITIES IN ● GARNDIFFAITH AND ABERSYCHAN

MONDAY	TUESDAY	WEDNESDAY
<p>10 am - 11am Yoga - Cwmavon Village Hall Baby & Me - Millennium Hall</p> <p>10 am - Midday Drawing & Talking - Coedwedd Community Hub</p> <p>12.30 - 2.30pm Open art session - Coedwedd Community Hub</p> <p>1pm - 3pm Wellbeing Through Stitch - Cwmavon Village Hall</p>	<p>10 am - 11am Couch to 5km - Coedwedd Community Hub</p> <p>10 am - Midday Coffee Morning - Trinity Methodist Church</p> <p>10.30am - 11am Tai Chi Talywain OAP Hall</p> <p>11.30am - 12.30pm Body Weight Exercise Class - Millennium Hall</p> <p>Midday - 2pm Lunch club - Talywain Rugby Club</p> <p>2.30pm - 4.30pm Pensioners Club - Victoria Village Hall</p>	<p>10 am - 11am Tai Chi - Millennium Hall</p> <p>10am - 2.30pm Men's shed - Coedwedd Community Hub</p> <p>2pm - 4pm Prize Bingo - Victoria Village Hall</p> <p>Cwmavon & Blaenavon Crafters - Cwmavon Village Hall</p> <p>6pm - 8pm Noddfa Teens - Noddfa Church</p> <p>8pm - 10pm Old Time Modern Dancing - Millennium Hall</p>
THURSDAY		
<p>10am - 11.30am Shelite (gentle exercise class) - Millennium Hall</p> <p>10am Start Wellbeing Walk - Coedwedd Community Hub</p> <p>10am - Midday Art for Everyone - Cwmavon Village Hall</p> <p>12.30pm - 2.30pm Little Feet (parent and baby group) - Noddfa Church</p> <p>1.30pm - 3.30pm Knifty Knitters - Millennium Hall</p> 		<p>9.30 - 10.30am Pop in & Play (family with pre-school children) - Millennium Hall</p> <p>10am - 11am Tai Chi - Cwmavon Village Hall</p> <p>10am - Midday Feet-Up Friday - Noddfa Church</p> <p>10am - 2.30pm Fun & Games - Coedwedd Community Hub</p> <p>6pm - 8pm Noddfa Juniors - Noddfa Church</p>
		FRIDAY

The Millennium Hall are running 3 warm hubs on a weekly basis for the next few months.

Monday: 11am - 2pm will be just a warm hub (free refreshments and somewhere to go and have a chat)

Wednesday: 1pm - 4pm will be a film club (free to attend)

Saturday: 11am - 2pm will be a family film club (free to attend)

Victoria Village Hall:

Thursday: Cake and Company 11am - 1pm (free refreshments)

Coedwedd Community Hub

Coedwedd Community Hub offer sessions in our local community for adults, including DIY, Chat and Snack and Craft and Relax. Please visit their website to find out more.

Coedwedd Community Hub | Home | Stanley Road, Gardiffaith, Abersychan, Pontypool



Coedwedd Community Hub

*Wellness in the Workshop
Wellbeing Walks
Coffee Mornings
Social Garden
Drawing & Talking*

*"Strangers are just friends we
haven't met yet"*

*"Mae dieithriaid yn ffrindiau
nad ydym wedi cwrdd â nhw
eto"*

info@coedwedd.org
Coedwedd
Community Hub

MEN'S
SHEDS
CYMRU

Stanley Road
Garndiffaith, NP4 7LY
(opposite Premier shop)

Coedwedd
Community Hub



Weekly Schedule

LET'S
TALK

Monday
10am - 3pm

Drawing & Talking

10am - Midday



Tuesday
10am - 3pm

To Be Confirmed



Wednesday
10am - 3pm

Coffee Morning

10:00 - Midday

Men's Shed (Social & Workshop)
10:00 - 14:30

Thursday
10am - 3pm

Social Walk

10:30 - 13:00



Friday
10am - 3pm

Fun & Games

10am - 14:30



Coffee Morning

Trinity Methodist Church

Looking for a friendly space to connect, chat, and unwind?

Come along to our local coffee morning in Abersychan — a relaxed and welcoming gathering where neighbours become friends over a hot brew and a biscuit or two.

Trinity Methodist Church, High Street, Abersychan, NP4 7AB

Thursdays 10 AM - Midday

TORFAEN COUNTY BOROUGH COUNCIL
IN PARTNERSHIP WITH GARNSYCHAN PARTNERSHIP

'Free' Couch to 5k Programme

A relaxed beginners running programme. Meeting at Garsychan Partnership, 55 Stanley Road, Cardifffaith, NP4 6LH Every Tuesday at 10am

Overview

The couch to 5k is a guided NHS programme that supports someone who wishes to build up towards running 5km. This programme is intended for beginners, easing them into running over 9 weeks. This coached group programme will tailor advice to each persons ability. Including further guidance on strengthening exercises to prevent injury and improve overall fitness.

What will this offer me?

- ✓ Improves physical health with a gradual approach
- ✓ Connect with people on a similar journey
- ✓ Learn strength and mobility exercises that can support your running journey

When & where will this be?

- Meeting at Garsychan Partnership
- Every Tuesday morning at 10am
- Refreshments provided post session at Garsychan Partnership premises

To register your interest please contact Aled using the contact information below.

TORFAEN COUNTY BOROUGH COUNCIL **BURGESS STREET** **STANLEY ROAD** **07908 215952** **aled.walker@torfaen.gov.uk**

Footicubs

EARLY YEARS FOOTBALL

PONTYPOOL!

AGES 18MTHS - 5YRS

BASED INDOORS AT GARNDIFFAITH HALL, NP4 7LT EVERY SATURDAY!

FREE TRIAL!

www.footicubs.co.uk/early-years

Torfaen WORKS
Torfaen yn GWEITHI

£0 COST

INTRODUCTION TO BECOMING A SWIMMING INSTRUCTOR

WANT TO MAKE A SPLASH IN YOUR CAREER?
TRY TORFAEN WORKS' NO COST TASTER SESSIONS.

No previous experience needed

Halo Leisure Torfaen are looking to recruit and train Swim Instructors. Could you be the next?

If you are confident with basic swimming techniques, over 16, and a Torfaen resident this taster course could be for you.

Whats on offer

- Swim Wales Safeguarding training
- 5 taster sessions to explore the role
- Funding available to complete the L2 Instructors training
- Customer Service training
- Experience a real swimming lesson
- Guaranteed interview with Halo

Contact us for more information and to check your eligibility

01633 647 743
employability@torfaen.gov.uk

TORFAEN COUNTY BOROUGH COUNCIL **BURGESS STREET** **STANLEY ROAD**

halo

Kindest Regards,

Mrs Roche & all the staff at Garnteg Primary School