

GARNTEG PRIMARY



GARNTEG PRIMARY SCHOOL

Hillcrest Garndiffaith Pontypool Torfaen NP4

7SJ

01495 742934

Garntegschool.office@torfaen.gov.uk

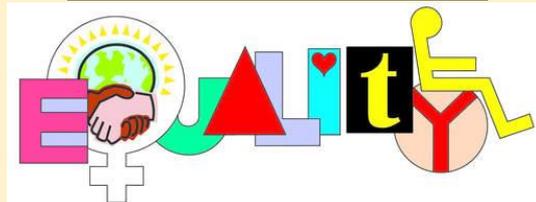
www.garntegprimary.co.uk



Newsletter - 13th March 2026

Cylchlythyr - 13th Mawrth 2026

Value for this half term is



Gwerth yr hanner tymor

Croeso Yn Ôl

INSET DAYS

Monday 13th April 2026

Friday 17th July 2026

Monday 20th July 2026

March

Tuesday 17th March 2026 - **Parents Consultations**

Tuesday 17th March 2026 - Citizens Advice Service in school hall 2pm-4pm

Wednesday 18th March 2026 - **Parents Consultations**

Thursday 19th March 2026 - Year 5 Residential Parent Meeting at 3.15pm

Friday 20th March 2026 - Comic Relief

Monday 23rd March 2026 - Class 2 Easter Assembly

Wednesday 25th March 2026 - WHSI Cynefin Project - Judging in school

Thursday 26th March 2026 - Easter Headgear parade

Term Dates - 2025/2026 Academic Year

Term	Term Begins	Half Term Begins	Half Term Ends	Term Ends
Autumn	Monday 01.09.25	Monday 27.10.25	Friday 31.10.25	Friday 19.12.25
Spring	Monday 05.01.26	Monday 16.02.26	Friday 20.02.26	Friday 27.03.26
Summer	Monday 13.04.26	Monday 25.05.26	Friday 29.05.26	Monday 20.07.26

Comic Relief

Pupils can wear red on Friday 20th March 2026 to support Comic Relief.

Buckets for optional donations will be available on the school gates.

Diolch!

Residential trips

A reminder that Year 5 and 6 residential trip payments must be paid before the end of March 2026. Parents/Carers can make instalments.

Thank you!

Mother's Day/Special Person's Shop

Message from our School Council ambassadors: Thank you for supporting our Mother's Day/Special Person's Shop



Easter Activities at Garnteg

Easter Egg Hunt

The School Council will be organising the annual Easter Egg Hunt on Monday 23rd March 2026. If you would like your child to take part, please can you send £2 by Friday 20th March 2026.

Egg-Citing Easter Raffle



We're thrilled to announce the launch of our egg-citing Easter Raffle at Garnteg Primary School! We would be very grateful for any Easter egg donations, if you or a company you know can donate any prizes, they would be greatly received.

Raffle Ticket Sales: You will receive two strips of tickets per child at £1 per strip, please return them with your child's name and class written on the back as soon as possible.

Raffle Drawing: The much-anticipated raffle will take place on Thursday 26th March.

All funds raised from this will directly contribute to resources for our children. Your generosity and participation are greatly appreciated.

The Easter Headgear competition will take place on Thursday 26th March.

Torfaen Wellbeing Session - Personal Confidence awareness

Parents/Carers are invited to join a Personal Confidence wellbeing session in school on Friday 20th March.



TORFAEN COUNTY BOROUGH **BWRDEISTREF SIROL TORFAEN**

Personal Confidence Awareness Training

This course is designed to help individuals explore and strengthen their self-confidence as part of their wider wellbeing journey. It provides a safe and supportive space to reflect on personal experiences, challenge limiting beliefs, and build a more positive self-image.

Learners engage with practical tools and reflective exercises that encourage self-awareness, emotional resilience, and personal growth.

Training Covered

- ✓ Understanding what confidence is and what it isn't
- ✓ Identifying personal strengths and areas for development
- ✓ Exploring how thoughts, emotions, and behaviours are connected
- ✓ Building confidence through group discussion, creative expression, and guided reflection

Garnteg Primary
Hillcrest, Garndiffaith,
Abersychan,
Pontypool, NP4 7SJ
Friday 20th March
1pm - 3pm

Contact Us

Phone Number: 07523 849966
Email: garntegschool.office@torfaen.gov.uk

Tesco Stronger Starts



Parking Notices

A polite reminder during drops off and pick up times, the Millenium Hall is available to park in. Please be mindful residents and the safety of children when parking.

Late Arrivals

If pupils arrive at 9:00am and after, please can all Parents & Carers (or whoever brings them to school) take them to the school office for their registration mark and lunch choice. Pupils need to be handed over to office staff. Can Parents & Carers please let other adults who bring children to school know this information too.



The ABUHB School Nursing Service are excited to launch Parent/CarerLine, a new SMS text service for parents and carers of children aged 5 to 16!

Parents and carers can text our school nurses on [07507330206](tel:07507330206) for expert advice and support with a child's health and wellbeing. * Texts are replied to Monday - Friday 9:00 - 16:00 (excluding bank holidays)

Who are School Nurses?

School nurses are specially trained public health nurses who can help with a range of physical and emotional health issues, such as emotional wellbeing, toileting, immunisations, low mood, exam stress, self-harm, behaviour, relationships, healthy eating and more.



Torfaen Play & Short Breaks Service
Providing a variety of fun and interactive sessions in the heart of the community.

FOOD AND WELLBEING CAMP



EASTER 2026

Tuesday 31st March
Wednesday 1st April
Thursday 2nd April
10:00am - 3:00pm
Age 5 to 11 years



FREE OF CHARGE

HOT LUNCH PROVIDED DAILY FREE OF CHARGE

Garnteg Primary School
Hillcrest, Garndiffaith,
Pontypool, NP4 7SJ



Pre booking required
Please use the QR code to pre book
For more information please contact:
torfaenplay@torfaen.gov.uk



@chwaraeortorfaentorfaenplay Chwarae Torfaen Torfaen Play
 @torfaenplayservice torfaenplay@torfaen.gov.uk



https://iweb.itouchvision.com/portal/f?p=qds:category_link:::::CUID,LANG:CCA8599AE222B64E553E3059431401AB98C0B98E,EN&P_LANG=en

School Messaging and Communication

Use of 'X' (Twitter) and new Instagram accounts

We will no longer be using X as a platform to share information and class posts. We have now moved over to Instagram as our main platform. Our main school page can be found here

<https://www.instagram.com/garntegprimary/>

Diary Dates

🤝 Community Support in School! 📅

Citizens Advice will be available in the school hall on **Tuesday 17th March 2026 from 2.30-4pm**. Their family advice project is here to provide support, answers, and guidance.

We hope to see you there!

Brighter Futures Together South Wales

Citizens Advice Torfaen provide confidential and impartial advice on a range of areas including:

- Debt
- Benefits
- Housing
- Employment
- Family

Working in partnership with local schools, we are pleased to deliver a family advice project which sets out an aim to tackle child poverty through delivery of advice and support to parents/guardians at schools across the county.

You can meet with our dedicated advisor at Garnteg Primary School on the following dates:

20/01/2026 02pm-04pm
17/03/2026 02pm-04pm
21/04/2026 02pm-04pm
19/05/2026 02pm-04pm
16/06/2026 02pm-04pm

Alternatively if you can't make it, give us a call:
01633 973570
WhatsApp
07562685212

   Torfaen

Noddfa Church



FREE TUITION GET AHEAD

Key Stage 2-4

MONDAYS 4-6PM
A drink and a snack when you arrive

LEARNING MADE FUN
Interactive sessions to help make learning fun. Games and Quizzes that will help you in every subject across the curriculum

HOMEWORK HELP
Come with questions and we can help you to answer them for yourself.

QUALIFIED TEACHERS
Volunteers from Noddfa Church with experience in teaching are giving up their time to offer free tuition.

www.NoddfaChurch.com
(Homeschoolers welcome)



LEARN
LOVE
SHARE

NODDFA JUNIORS

FRIDAYS 6-8PM
TERM-TIME

**FOR PRIMARY SCHOOL
AGED CHILDREN**

MAKE NEW FRIENDS
EXPLORE CHRISTIANITY
ASK QUESTIONS

Team
AWARDS

Individual
PRIZES

Cost
FREE

Activities

- ✓ Storytelling & Crafts
- ✓ Games and Singing
- ✓ Tuck Shop
- ✓ Pizza and snacks
- ✓ Seasonal trips

Noddfa Church
Abersychan
NP4 7EF

All are welcome
You do not need to be a
"Christian" to come.



More Information www.NoddfaChurch.com

A allai fod yn sepsis?

Mae sepsis yn gyflwr sy'n peryglu bywyd. Gorymateb y system imiwnedd i haint neu anaf.

Symptomau plant

- Byddant yn anadlu'n gyflym iawn
- Byddant yn cael 'ffit'
- Yw eu croen yn edrych yn frith, yn las, neu os byddant yn edrych yn welw iawn
- Oes ganddynt frech nad yw'n pylu pan fyddwch chi'n rhoi pwysau arno
- Byddant yn swrth iawn neu'n anodd eu deffro
- Byddant yn teimlo'n anarferol o oer pan fyddwch yn eu cyffwrdd

Symptomau oedolion

Lleferydd aneglur neu ddryswch
Cryndod eithafol neu boen yn y cyhyrau
Pasio dim wrin (mewn diwrnod)
Diffyg anadl difrifol
Teimlo eich bod chi am farw
Croen brith neu liw anarferol

Gall newidiadau i liw ymddangos mewn mannau â phigmentau goleuach, megis y tu mewn i fraich neu gledrau'r llaw, mewn pobl sydd â chroen tywyllach.

Amau sepsis?

Ceisiwch gymorth meddygol ar frys.

Ffonlwch 999 neu ewch i'r **Adran Achoslon Brys yn Ysbyty Athrofaol y Faenor.**

Os ydych yn poeni am haint ond nad ydych yn amau sepsis, ffoniwch 111.



Sganiwch y cod QR i gael rhagor o wybodaeth.



To find out more, scan the QR code.

bipab.glg.cymru/sepsis sepsistrust.org abuhb.nhs.wales/sepsis

Could it be sepsis?

Sepsis is a **life-threatening** condition. It is the immune system's overreaction to an infection or injury.

Child symptoms

- Are breathing very fast
- Have a 'fit' or convulsion
- Look mottled, bluish, or very pale
- Have a rash that does not fade when you press it
- Are very lethargic or difficult to wake
- Feel abnormally cold to touch

Adult symptoms

Slurred speech or confusion
Extreme shivering or muscle pain
Passing no urine (in a day)
Severe breathlessness
It feels like you're going to die
Skin mottled or discoloured

Darker pigmented skin may show colour changes in more lightly pigmented areas, like the inside of the forearm or palms.

Suspect sepsis?

Seek medical help urgently.

Call 999 or visit the **Emergency Department at The Grange University Hospital.**

If you're worried about an infection but don't suspect sepsis, call 111.

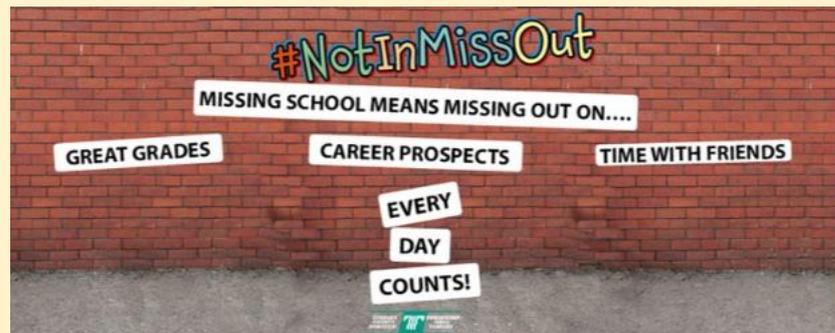


Attendance Winners

Congratulations to Dosbarth 2 Miss Brooks who were foundation phase attendance winners for last week with 98.13% and Dosbarth 10 Mrs Lee for KS2 with 98.33%

WELL DONE! DA IAWN!

This week's attendance figures are



Year	% overall	Class	Percentage	Year	% overall	Class	Percentage
Nursery	82.41	0	82.41	3 / 4	93.54	5	93.75
Reception	86.30	1	86.30			6	93.33
		1	87.05	2	87.05	4	97.41
1 / 2	89.90					3	85.71
		4	94.14	9	92.74		
				5 / 6	95.37	10	95.83
						11	94.91

Class	Target by end of year	Current percentage to date
3	95	91.19
4	95	92.52
5	95	93.09
6	95	92.09
7	95	95.20
8	95	88.66
9	95	92.70
10	95	93.51
11	95	92.58

Seren Yr Wythnos

Foundation Phase		Key Stage 2	
Class	Seren Yr Wythnos	Class	Seren Yr Wythnos
Nursery - Mrs Rogers	AM- George PM-Soraya	Dosbarth 5 - Mr Key	Alda
Dosbarth 1 - Mrs Lewis	Raheel	Dosbarth 6 - Miss Williams	Logan
Dosbarth 2 - Miss Dalton	Theo	Dosbarth 7 - Mr Phillips	Xander
Dosbarth 3 - Miss Bones / Mrs Attewell	Ollie	Dosbarth 8 - Mrs Ngwenya	Grace
Dosbarth 4 - Miss Brooks	Gracie F	Dosbarth 9 - Mrs Emanuel	
		Dosbarth 10 - Mrs Lee	Marleigh
		Dosbarth 11 - Mrs Parker-Evans	Jacob

Meithrin - Gwaith wych yn y Meithrin. We have been super busy talking about ways that we can keep our bodies healthy and writing a letter to our bodies to say what we will do. We are proud of the amazing ideas that the children thought of. It was lovely to hear the wonderful things that the children appreciated that their mums and special person did for them. Have a lovely weekend.

Dosbarth 1 - Reception children have been busy working on the challenges set out in the different areas of the classroom and have been showing great enthusiasm and independence. They have particularly enjoyed reading our new book Everybody Has a Body, which has led to lots of lovely discussions and curiosity during our learning time. The children are continuing to explore, play, and learn through the activities provided, and it has been wonderful to see their engagement. Please continue to bring in reading books so we can support their reading journey at school. Have a lovely weekend! 😊

Dosbarth 2- Dosbarth Dau, you have had a wonderful week practising for our concert, we look forward to welcoming our families and carers to share our work on the 23rd March. We have begun to explore

instructional writing, we started giving our own instructions and discovered how important it is to give specific instructions. We written our own instructions to create our kindness gifts for our concert. Da iawn pawb. Have a lovely weekend 😊

Dosbarth 3 - What a lovely week of learning we have had in Dosbarth 3. We've really enjoyed making predictions about our new book Izzy the Inventor and exploring non-chronological reports. Parent and carer consultations are on Tuesday an Wednesday next week, appointment times have been sent home, please do not hesitate to contact if you need to arrange an alternative time. Diolch.

Dosbarth 4 - Gwaith da Pawb! This week we have started to look at writing our own reports and what information needs to be in them we have worked really hard breaking apart reports we have found and showing how we can identify them independently. In maths this week we have looking at addition and different ways we can complete this. Just a reminder that next Tuesday and Wednesday after school. If you need to clarify times, please just ask at the gate. Have a lovely weekend.

Dosbarth 5 - Diolch Dosbarth 5 for another successful week in class. This week we have been learning about temperature in our maths and how we can use negative numbers to measure cold temperatures. We have also started a new genre in our literacy learning, discovering the features of writing a newspaper report. A reminder that parent carer consultations are on Tuesday and Wednesday next week, any problems attending at your time please get in touch to arrange an alternative. Diolch!

Dosbarth 6 - Da iawn for another fantastic week in dosbarth 6! We have been working hard learning about negative numbers and reading temperatures in maths using thermometers. We have also been looking at newspapers this week and understanding the key features of a newspaper and what they mean. A reminder that parent carer consultations are next week, have a lovely weekend!

Dosbarth 7- We have been enjoying our class novel The Mizzy Mysteries this week and have also been using atlases and maps to find out about the world. I look forward to speaking with you next week about your child's progress in our parent consultations next Tuesday and Wednesday. Enjoy the weekend!

Dosbarth 8 - Another brilliant week in Dosbarth 8, we have enjoyed creating our own databases about our favourite superheroes! We have been excelling in our swimming sessions and making great progress. A reminder about our parents meeting for the residential on Thursday 19th March. Have a lovely weekend 😊

Dosbarth 10 - What a lovely week in Dosbarth 10! We have enjoyed working on our online portfolios and maths learning passports this week. Just a reminder for Year 5, please could the children bring goggles to swimming each week as this is really important. Have a lovely weekend all:)

Dosbarth 11 - All of the pupils have had such a successful week, we've developed our knowledge of spreadsheets and formulas. Only a few weeks left of our topic 'Myths and Marvel' so keep working on your homework logs to earn your dojos. Have a lovely weekend.

Community Notices

Dear Parents/Carers,

We would like to share with you details of the next series of Talks in Torfaen for parents/caregivers - (please see flyer attached).

These are FREE 1-hour wellbeing talks that take place weekly on Fridays from 9.30 - 10.30am, and start on Friday 27th February 2026. Talks take place online using Microsoft Teams and are facilitated by NHS Clinical Psychologists.

Talks are targeted towards ALL parents of children who are nursery or primary-aged (1-10 years).

To register to attend these talks, you can click the link here:

primary Talks in Torfaen for
Parents & Caregivers
Spring 2026

A series of talks are available for parents & caregivers of children who are nursery or primary school age (1-10 years old) in Torfaen.

Talks are targeted towards **ALL** parents - to help you best support your child's development & emotional well-being.

Talks will take place online using **Microsoft Teams** and are delivered by **NHS Psychologists**.

with Dr Charlie Cowtan
(Clinical Psychologist)

27th February
9:30 - 10:30am
Supporting your child's emotional wellbeing

NEW!
6th March
9:30 - 10:30am
Supporting your child's emotions

13th of March
9:30 - 10:30am
Supporting your child's development

20th March
9:30 - 10:30am
Supporting your child's relationship with screens & devices

27th March
9:30 - 10:30am
Supporting your child to have a positive experience of going to school

If you would like to book on to these talks please click on the link below or scan the QR code

<https://forms.office.com/e/W9hYPF9x2J>

GIG NHS
Bwrdd Iechyd Prifysgol
Anwraig Bwrdd
University Health Board

primary
Talks in Torfaen for
Parents & Caregivers
Gweithdy yn Nhorfaen ar
gyflwr rhad a gollwyt.

Seicoleg
Cymunedol Plant
a Theuluoedd

Child & Family
Community
Psychology

SPARKLE STAY & PLAY

Torfaen Community Venues

WHO ARE SPARKLE?

Sparkle supports children and young people with disabilities and developmental difficulties across Gwent.

Offering specialist leisure activities, play clubs and support to local children and their families to ensure every child gets access the same opportunities and experiences.



WHAT YOU CAN EXPECT

A relaxed, welcoming space for parents, carers and children

Meet the Sparkle team and learn about our support for children and families

Stay and play activities, including arts, crafts, toys and games

Complimentary tea and coffee

COME ALONG TO YOUR LOCAL STAY & PLAY SESSION



SUNDAY 8TH FEBRUARY- BLAENAVON ACTIVE LIVING CENTRE (NP4 9AW)
SUNDAY 22ND FEBRUARY - PONTYPOOL ACTIVE LIVING CENTRE (NP4 8AT)
SUNDAY 8TH MARCH- GARNDIFFAITH MILLENNIUM HALL (NP4 7LT)
SUNDAY 22ND MARCH- BLAENAVON ACTIVE LIVING CENTRE (NP4 9AW)



WEEKLY ACTIVITIES IN GARNDIFFAITH AND ABERSYCHAN

MONDAY

10 am - 11am

Yoga - Cwmavon Village Hall
Baby & Me - Millenium Hall

10 am - Midday

Drawing & Talking - Coedwedd Community Hub

12.30 - 2.30pm

Open art session - Coedwedd Community Hub

1pm - 3pm

Wellbeing Through Stitch - Cwmavon Village Hall

THURSDAY

10am - 11.30am

Shelite (gentle exercise class) - Millenium Hall

10am Start

Wellbeing Walk - Coedwedd Community Hub

10am - Midday

Art for Everyone - Cwmavon Village Hall

12.30pm - 2.30pm

Little Feet (parent and baby group) - Noddfa Church

1.30pm - 3.30pm

Knifty Knitters - Millenium Hall

TUESDAY

10 am - 11am

Couch to 5km - Coedwedd Community Hub

10 am - Midday

Coffee Morning - Trinity Methodist Church

10.30am - 11am

Tai Chi Talywain OAP Hall

11.30am - 12.30pm

Body Weight Exercise Class - Millenium Hall

Midday - 2pm

Lunch club - Talywain Rugby Club

2.30pm - 4.30pm

Pensioners Club - Victoria Village Hall

WEDNESDAY

10 am - 11am

Tai Chi - Millenium Hall

10am - 2.30pm

Men's shed - Coedwedd Community Hub

2pm - 4pm

Prize Bingo - Victoria Village Hall

Cwmavon & Blaenavon Crafters - Cwmavon Village Hall

6pm - 8pm

Noddfa Teens - Noddfa Church

8pm - 10pm

Old Time Modern Dancing - Millenium Hall

FRIDAY

9.30 - 10.30am

Pop in & Play (family with pre-school children) - Millenium Hall

10am - 11am

Tai Chi - Cwmavon Village Hall

10am - Midday

Feet-Up Friday - Noddfa Church

10am - 2.30pm

Fun & Games - Coedwedd Community Hub

6pm - 8pm

Noddfa Juniors - Noddfa Church



The Millennium Hall are running 3 warm hubs on a weekly basis for the next few months.

Monday: 11am - 2pm will be just a warm hub (free refreshments and somewhere to go and have a chat)

Wednesday: 1pm - 4pm will be a film club (free to attend)

Saturday: 11am - 2pm will be a family film club (free to attend)

Victoria Village Hall:

Thursday: Cake and Company 11am - 1pm (free refreshments)

Coedwedd Community Hub

Coedwedd Community Hub offer sessions in our local community for adults, including DIY, Chat and Snack and Craft and Relax. Please visit their website to find out more.

[Coedwedd Community Hub | Home | Stanley Road, Gardiffaith, Abersychan, Pontypool](#)



The poster features a photograph of the Coedwedd Community Hub building, a modern structure with a green wall and a sign that says "Everyone is welcome". Below the photo, the text reads "Coedwedd Community Hub" and lists activities: "Wellness in the Workshop", "Wellbeing Walks", "Coffee Mornings", "Social Garden", and "Drawing & Talking". There are also two circular images: one showing people working in a workshop and another showing a coffee cup. At the bottom, there is contact information: "info@coedwedd.org", "Coedwedd Community Hub", and "MEN'S SHEDS CYMRU". The address is "Stanley Road, Gardiffaith, NP4 7LY (opposite Premier shop)". There are also social media icons for Facebook and Twitter.



The graphic is titled "Weekly Schedule" and features a "LET'S TALK" speech bubble icon. It lists activities for each day of the week, with corresponding icons: a paintbrush for Monday, a coffee cup for Wednesday, a pair of shoes for Thursday, and a game board for Friday.

Day	Time	Activity
Monday	10am - 3pm	Drawing & Talking (10am - Midday) Open House Art (12:30 - 14:30)
Tuesday	10am - 3pm	To Be Confirmed
Wednesday	10am - 3pm	Coffee Morning (10:00 - Midday) Men's Shed (Social & Workshop) (10:00 - 14:30)
Thursday	10am - 3pm	Social Walk (10:30 - 13:00)
Friday	10am - 3pm	Fun & Games (10am - 14:30)

Unit 14, Gilchrist Thomas Industrial Estate, Blaenavon. NP4 9RL

GARNSYCHAN PARTNERSHIP

Community Hub

Monday - Friday 9am - 4:30pm

- Coffee Corner
- FREE WIFI and Computer Library
- Community Kitchen
- Pantry
- FoodBank
- BabyBank
- Fuel Support
- Prescription and Welfare Support Packages
- Befriending Calls
- Volunteering
- Training Courses
- Bike Recycling
- Furniture Retail Shop

01495 774453

PONTYPOOL!

FootiCubs
EARLY YEARS FOOTBALL

AGES 18MTHS - 5YRS

BASED INDOORS AT
GARNDIFFAITH HALL,
NP4 7LT EVERY SATURDAY!

FREE TRIAL!

www.footicubs.co.uk/early-years

TorfaenWORKS
Torfaen yn GWEITHI

Ulyndraeth Cymru
Welsh Government

£0 COST

INTRODUCTION TO BECOMING A SWIMMING INSTRUCTOR

WANT TO MAKE A SPLASH IN YOUR CAREER?
TRY TORFAEN WORKS' NO COST TASTER SESSIONS.

No previous experience needed

Halo Leisure Torfaen are looking to recruit and train Swim instructors. Could you be the next?

If you are confident with basic swimming techniques, over 16, and a Torfaen resident this taster course could be for you.

Whats on offer

- Swim Wales Safeguarding training
- Customer Service training
- 5 taster sessions to explore the role
- Experience a real swimming lesson
- Funding available to complete the L2 Instructors training
- Guaranteed interview with Halo

Contact us for more information and to check your eligibility

01633 647 743
employability@torfaen.gov.uk

kindest Regards,

Mrs Roche & all the staff at Garnteg Primary School