



# GARNTeg PRIMARY SCHOOL

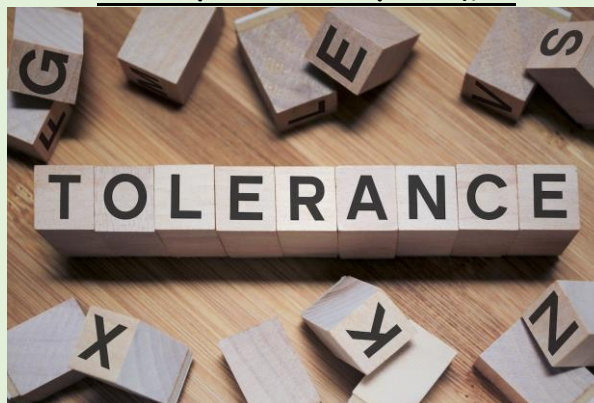
Hillcrest Garndiffaith Pontypool  
Torfaen NP4 7SJ  
01495 742934

[Garntegschool.office@torfaen.gov.uk](mailto:Garntegschool.office@torfaen.gov.uk)  
[www.garntegprimary.co.uk](http://www.garntegprimary.co.uk)



Newsletter - 12th June 2026  
Cylchlythyr - 12<sup>th</sup> Mehefin 2026

Value for this half term is



Gwerth yr hanner tymor  
Croeso Yn Ôl

## INSET DAYS

Friday 17th July 2026

Monday 20<sup>th</sup> July 2026

## June



**Tuesday 30<sup>th</sup> June 2026** - Year 5 Health and Wellbeing day at Abersychan School

**Monday 22<sup>nd</sup> June 2026** - Foundation Sports Day all Nursery and Reception - **9.30am**

Year 1 & 2 - **1.30pm**

**Wednesday 24<sup>th</sup> June 2026** - KS2 Sports Day Year 3 & 4 - **9.30am**

Year 5 & 6 - **1.30pm**

**Friday 26<sup>th</sup> June 2026** - Year 5 Blenheim Bomber Walk

## July

**Thursday 2<sup>nd</sup> July 2026** - Nursery Leavers Assembly

**Friday 3<sup>rd</sup> July 2026** - Year 6 Prom

**Thursday 9<sup>th</sup> July 2026** - Year 6 Leavers Assembly

**Friday 10<sup>th</sup> July 2026** - Year 6 Leavers Assembly

Year 5/6 Diary

# JULY '26

 PACKED LUNCH REQUIRED



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Move Up Day- all children	2 Y6 Safe Cycling Assessment	3 Y6 PROM- 6-8 School Hall
6	7	8 Y6 Abersychan Visit- Wizard of Oz	9 Y6 Class 9 & 10 Leavers assembly 1.30	10 Y6 Class 11 Leavers assembly 1.30
13 Y6 Girls in STEM session 4 	14	15	16 Last day of term	17

# JUNE '26

 PACKED LUNCH REQUIRED



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Y6 Road safety talk	02	03	04	05
08	09	10 Final enhanced transition visit (select pupils). Introduction to sign language Y6	11 Y6 Girls in STEM session 2 	12
15 Y6 Transition Abersychan 	16 -----SAFE CYCLING WEEK- BRING YOUR BIKES TO SCHOOL-----	17	18	19
22 Y6 Transition Abersychan 	23	24 KS2 sports day	25 Y6 Girls in STEM session 3 	26 Y5 Blenheim Bomber Walk 
29	30			

### Term Dates - 2025/2026 Academic Year

Term	Term Begins	Half Term Begins	Half Term Ends	Term Ends
Autumn	Monday 01.09.25	Monday 27.10.25	Friday 31.10.25	Friday 19.12.25
Spring	Monday 05.01.26	Monday 16.02.26	Friday 20.02.26	Friday 27.03.26
Summer	Monday 13.04.26	Monday 25.05.26	Friday 29.05.26	Monday 20.07.26

### 2026/2027 Academic Year

Term	Term Begins	Half Term Begins	Half Term Ends	Term Ends
Autumn	Tuesday 01.09.26	Monday 26.10.26	Friday 30.10.26	Friday 18.12.26
Spring	Monday 04.01.27	Monday 08.02.27	Friday 12.02.27	Friday 19.03.27
Summer	Monday 05.04.27	Monday 31.05.27	Friday 04.06.27	Tuesday 20.07.27

### Fathers Day / Special person shop

Father's Day / special person shop at Garnteg will be open from Monday 15<sup>th</sup> June all week. We have gifts available such as biscuits, chocolates, frames with prices starting at £1.50.



We have successfully received £1000 from Tesco Stronger Starts which we are hoping to get lots of new outdoor and cooking resources for our pupils with the money we receive. Thank you for supporting our school.

### **Breakfast Club**

A reminder that our breakfast club begins at **8.20am** and finishes at **8.50am**. Please ensure children arrive on time. 🍳 🍌

### **Late Arrivals** 🕒

If pupils arrive at 9:00am and after, please can all Parents & Carers (or whoever brings them to school) take them to the school office for their registration mark and lunch choice. Pupils need to be handed over to office staff. Can Parents & Carers please let other adults who bring children to school know this information too.

### **Here comes the sun** ☀️

Please can children bring a drink, hats and make sure they wear suncream to school as the weather becomes hotter.

### **Appropriate Footwear** 👟

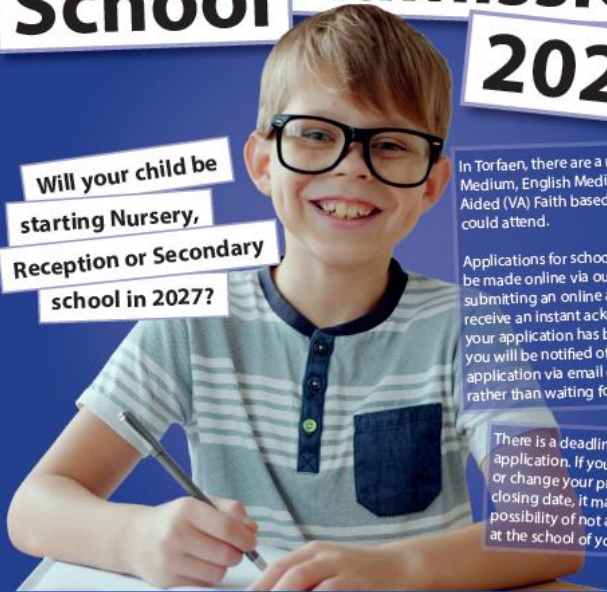
A reminder to ensure children are wearing appropriate footwear in school, closed toe shoes are necessary for daily mile and climbing frame activities.

### **Allotment Donations**

We would be grateful for any plants or seeds for our allotment this Summer Term. Donations can be brought to the office. Thank you! 🌱 🌸 🌻

# School Admissions 2027

Will your child be starting Nursery, Reception or Secondary school in 2027?



In Torfaen, there are a number of Welsh Medium, English Medium and Voluntary Aided (VA) Faith based Schools your child could attend.

Applications for school/nursery can be made online via our website. In submitting an online application, you will receive an instant acknowledgment that your application has been received and you will be notified of the outcome of your application via email on the decision date, rather than waiting for a letter in the post!

There is a deadline for making your application. If you miss this deadline, or change your preference after the closing date, it may increase the possibility of not achieving a place at the school of your choice.

September 2027 Admission Groups	Admission Round Commences	Closing Date for Applications	Decision Date
Nursery	8 June 2026	20 July 2026, 5pm	18 September 2026
Reception	13 November 2026	15 January 2027, 5pm	16 April 2027*
Secondary	18 September 2026	30 October 2026, 5pm	1 March 2027*

\*This is a common offer date across all Welsh admission authorities.



Scan the QR code now to view the application process!

You are invited to join our free virtual swap shop:



# FREE SCHOOL CLOTHES.com

Join our **growing community**. Easy to adopt with significant benefits for schools and families:

FreeSchoolClothes.com is a free, not-for-profit "virtual swap shop" helping families share and reuse school clothes and other essentials locally within your school community, for free.

- Help families to save money.
- Protecting our planet by reducing waste.
- Strengthening our communities.

Founded in 2022 at Ysgol Treganna, Cardiff. **Now covering all UK schools.**

**It's easy to get started.** *Simply share this message and QR code with your families.*

Please visit [FreeSchoolClothes.com](https://FreeSchoolClothes.com) to join our new virtual swap shop.

Offer outgrown school clothes to other families in our school community. Browse and request things that you need, for free. Save money and protect the planet.

- **Your school is already live** on the platform and ready to go.
- **Free** to join and use. Not-for-profit.
- **No storage or handling** of clothes, redistribution happens directly between families.
- **Sustainability goals:** live impact data show money saved and carbon offset for your school.
- **Always open:** when families need it most, evenings, weekends and school holidays.
- **Compliments existing physical swap shop initiatives**, if you have one.



For **support** or to volunteer as a school champion please contact: [support@freeschoolclothes.com](mailto:support@freeschoolclothes.com)

# Brighter Futures Together South Wales

Citizens Advice Torfaen provide confidential and impartial advice on a range of areas including:

- Debt
- Benefits
- Housing
- Employment
- Family

Working in partnership with local schools, we are pleased to deliver a family advice project which sets out an aim to tackle child poverty through delivery of advice and support to parents/guardians at schools across the county.

**You can meet with our dedicated advisor at Garteg Primary School on the following dates:**

20/01/2026 02pm-04pm  
17/03/2026 02pm-04pm  
21/04/2026 02pm-04pm  
19/05/2026 02pm-04pm  
16/06/2026 02pm-04pm

**Alternatively if you can't make it, give us a call:  
01633 973570  
WhatsApp  
07562685212**



cyngor ar  
bopeth

citizens  
advice

Torfaen

## Abersychan School Moving Up Day



# MOVING UP DAY

Ysgol Abersychan School

## Wednesday 1<sup>st</sup> July

We are looking forward to welcoming our new starters to Abersychan School on Wednesday 1<sup>st</sup> July!

- ✓ MEET THE TEACHERS
- ✓ TOUR THE SCHOOL
- ✓ EXPERIENCE LESSONS

school.office@abersychanschool.co.uk  
www.abersychanschool.org.uk

## Year 4 & 5 Secondary School Preparation Evening



# YEAR 4 & YEAR 5



## THE NEXT STEP

### Preparing for Secondary School

**18TH JUNE 4PM – 5.30PM**

- ✓ Meet the Senior Leadership Team
- ✓ Meet with students ambassadors
- ✓ Q & A with students and Senior Leadership Team
- ✓ Student led activities

We look forward to welcoming **Year 4 & 5** pupils and their families to Abersychan School!  
Scan the QR code to register your attendance



[school.office@abersychanschool.co.uk](mailto:school.office@abersychanschool.co.uk)



[@abersychanschool](https://www.instagram.com/abersychanschool)



## The ABUHB School Nursing Service

### Parent/CarerLine



The ABUHB School Nursing Service are excited to launch Parent/CarerLine, a new SMS text service for parents and carers of children aged 5 to 16!

Parents and carers can text our school nurses on [07507330206](tel:07507330206) for expert advice and support with a child's health and wellbeing. \* Texts are replied to Monday - Friday 9:00 - 16:00 (excluding bank holidays)

### **Who are School Nurses?**

School nurses are specially trained public health nurses who can help with a range of physical and emotional health issues, such as emotional wellbeing, toileting, immunisations, low mood, exam stress, self-harm, behaviour, relationships, healthy eating and more.

# Noddfa Church



**FREE TUITION**  
**GET AHEAD**

Key Stage 2-4

**MONDAYS 4-6PM**  
A drink and a snack when you arrive

**LEARNING MADE FUN**  
Interactive sessions to help make learning fun. Games and Quizzes that will help you in every subject across the curriculum

**HOMEWORK HELP**  
Come with questions and we can help you to answer them for yourself.

**QUALIFIED TEACHERS**  
Volunteers from Noddfa Church with experience in teaching are giving up their time to offer free tuition.

[www.NoddfaChurch.com](http://www.NoddfaChurch.com)  
(Homeschoolers welcome)



**LEARN LOVE SHARE**

**NODDFA JUNIORS**  
**FRIDAYS 6-8PM**  
TERM-TIME

**FOR PRIMARY SCHOOL AGED CHILDREN**

MAKE NEW FRIENDS  
EXPLORE CHRISTIANITY  
ASK QUESTIONS

Team **AWARDS** Individual **PRIZES** Cost **FREE**

**Activities**

- ✓ Storytelling & Crafts
- ✓ Games and Singing
- ✓ Tuck Shop
- ✓ Pizza and snacks
- ✓ Seasonal trips

**Noddfa Church**  
Abersychan  
NP4 7EF

**All are welcome**  
You do not need to be a "Christian" to come.

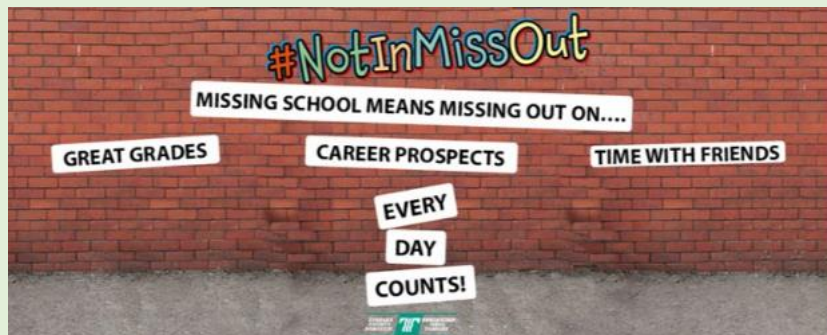
**More Information** [www.NoddfaChurch.com](http://www.NoddfaChurch.com)



**Attendance Winners 01<sup>st</sup> June- 05th June 2026**

Congratulations to Dosbarth 2 Miss Brooks who were foundation phase attendance winners with 86.67% and Dosbarth 7 Mr Phillips with 92.22%

WELL DONE! DA IAWN!



**This week's attendance figures are**

Year	% overall	Class	Percentage	Year	% overall	Class	Percentage
Nursery	84.89	0	84.89	3 / 4	91.86	5	92.96
Reception	88.07	1	88.07			6	90.77
		1	88.75	2	88.75	3/4	94.85
1 / 2	91.66					3	90.77
		4	92.55	5 / 6	92.52		
						11	92.48

Class	Target by end of year	Current percentage to date
3	95	90.77
4	95	92.55
5	95	92.96
6	95	90.77
7	95	94.85
8	95	88.33
9	95	91.70
10	95	92.57
11	95	92.48

### Seren Yr Wythnos

Foundation Phase		Key Stage 2	
Class	Seren Yr Wythnos	Class	
Nursery - Mrs Rogers	AM- Ava B PM-Fallon	Dosbarth 5 - Mr Key	Amelia
Dosbarth 1 - Mrs Lewis	Edith	Dosbarth 6 - Miss Williams	Ryan
Dosbarth 2 - Miss Dalton	Freddie	Dosbarth 7 - Mr Phillips	
Dosbarth 3 - Miss Bones / Mrs Attewell	Lily W	Dosbarth 8 - Mrs Ngwenya	
Dosbarth 4 - Miss Brooks	Harrison T	Dosbarth 9 - Mrs Emanuel	
		Dosbarth 10 - Mrs Lee	Adam and Jacob
		Dosbarth 11 - Mrs Parker-Evans	

**Meithrin** – Bendedig pawb. We have been impressed with how much you remembered from our class book 'The Very Hungry Caterpillar'-It was lovely to see your clay life cycle of a butterfly as well using the natural resources from our nursery garden. Also, we have looked at sharing objects equally between friends. Just a reminder that all nursery children need to attend Morning nursery on 22<sup>nd</sup> JUNE for sports Day at 9.00am. Parents are then invited to watch the events from 9.30am on the field. Hvae a lovely weekend.

**Dosbarth 1** – This week, Dosbarth Un investigated how water is absorbed through a leaf and explored the life cycle of a butterfly. We also enjoyed a minibeast hunt around the school grounds, using binoculars and magnifying glasses to observe insects in their habitats. The children showed great curiosity and enthusiasm while developing their scientific observation skills. 🦋🌱🐞🔍

**Dosbarth 2-** This week, Dosbarth Dau have thoroughly enjoyed delving into fantasy setting writing inspired by our class text, *The Wall and the Wild*. We have explored what might be hidden behind the mysterious wall, discussing ideas before writing and typing descriptive sentences to create our own imaginative fantasy settings. The children have shown great creativity and enthusiasm, using exciting vocabulary to bring their ideas to life.

In maths, we have been extending our understanding of patterns by exploring number patterns. The children have enjoyed identifying, continuing and creating their own patterns, developing their reasoning skills and confidence with numbers.

**Dosbarth 3** - Da Iawn dosbarth tri for another wonderful week of learning. This week we have explored fantasy writing linked to our new book 'The Wall and the wild.' We used wow words, adjectives and similes to describe an imaginative setting. These have been amazing and super creative! In maths, we have continued investigating patterns. We have identified, followed and created patterns with numbers from different starting points. We have also designed our sports day programmes for you and are super excited to start practising 😊 Gwaith da!

**Dosbarth 4** - Gwaith da Dosbarth 4! This week we have been looking at fantasy settings linked to our new class book, this has enabled us to then create our settings using AI. The pictures were fantastic and the children were really engaged. In maths we have been looking at number patterns and how we can see a pattern now using numbers. Can children please bring in PE kits ready for sports day practice on Tuesdays and they can wear their trainers on this day too. Have a lovely weekend!

**Dosbarth 5** - Well done for another fantastic week of learning! This week we have been learning about parables from different religions to learn how we can love our neighbours, including sewing and baking! We have also been learning about instructional writing in our literacy and division in our mathematical learning. Please could we have any remaining kerb craft letters in next week, thank you! Have a lovely weekend!

**Dosbarth 6 & 7** - Da iawn for another fantastic week in class. This week we have enjoyed looking at parables and understanding how kindness can be spread to others. We are looking forward to learning more about instructions next week and exploring our topic Healthy Heroes Unite further. Have a lovely weekend everyone!

**Dosbarth 8, 9 & 10** - We have had a lovely week with fantastic opportunities for the children! we enjoyed learning about the Cwmbran Piping band where we got to hear bagpipes being played. We also had a great time in Cardiff for the girls in STEM project with year 6. Just a reminder that all Blenheim Bomber and Abersychan Health and Wellbeing letters need to be returned ASAP for year 5 pupils in these classes. Have a great weekend.

**Dosbarth 11** - Da iawn for a great week. Please remember your learning logs. Reminder for safe cycling week on the 16th-19<sup>th</sup> June, please remember to bring in your bikes. Another reminder for packed lunch for Abersychan transition on Monday 15<sup>th</sup> June.

## Community Notices

We would like to share with you details of the next series of Talks in Torfaen for parents/caregivers - please see flyer attached).

These are **FREE** 1-hour wellbeing talks that take place weekly on **Fridays from 9.30 - 10.30am**, and start on **Friday 12<sup>th</sup> June 2026**. Talks take place online using Microsoft Teams and are facilitated by NHS Clinical Psychologists.

To register to attend these talks, you can click the link here: [Primary Talks in Torfaen for Parents & Caregivers: Summer 2026 Sign Up Form - Fill in form](#)

**primary Talks in Torfaen for Parents & Caregivers**  
Summer 2026

A series of talks for **ALL** parents & caregivers of children who are **nursery** or **primary** school age (1-10 years old) in Torfaen.

Talks will take place online using **Microsoft Teams** and are delivered by **NHS Psychologists**.

Talks are about **supporting your child with their...**

with Dr Charlie Cowtan (Clinical Psychologist)

Date	Time	Topic	Examples
Friday 12th June	9:30 - 10:30am	<u>Emotional Wellbeing</u>	
Friday 19th June	9:30 - 10:30am	<u>Difficult Emotions</u>	e.g. separation anxiety, anger, feeling nervous
Friday 26th June	9:30 - 10:30am	<u>Development</u>	e.g. understanding emotions, social skills, concentration
Friday 3 <sup>rd</sup> July	9:30 - 11.00am	<u>Screens &amp; Devices</u>	
Friday 10 <sup>th</sup> July	9:30 - 10:30am	<u>Going back to School</u>	e.g. after summer holidays, start of new school year

**DEEP DIVE**

If you would like to book on to these talks please **click on the link below or scan the QR code**

<https://forms.cloud.microsoft/e/CXaZnC3tFa>

**GIG NHS** Bwrdd Iechyd Prifysgol Anafurh Siwan University Health Board  
**primary** Talks in Torfaen for Parents & Caregivers Gwesthdy yn Nhorfaen ar gyfer rhieni a gofolywyr  
**Seiboleg Cymunedol Plant a Theuluocedd**  
**Child & Family Community Psychology**

**foster  
wales**  
Torfaen



help teenagers foster their own story.  
visit [torfaen.fosterwales.gov.wales](https://torfaen.fosterwales.gov.wales)

fostering a teenager means being there for key moments in their life.

your support can offer stability, encouragement, and a safe space to grow. It's not just about changing a life – it's about empowering a young person to write their own life story.

**as a foster carer with us, you'll receive:**

- support from your local fostering team

- access to your local fostering community


- fees and allowances


- training and development


- Fostering Network membership – the UK's leading fostering charity

- New Family Social membership – a support network for LGBTQ+ foster carers

- refer a friend bonus

 [torfaen.fosterwales.gov.wales](https://torfaen.fosterwales.gov.wales)

 01495 766669

 [fosterwalestorfaen@torfaen.gov.uk](mailto:fosterwalestorfaen@torfaen.gov.uk)





**Cwmbrân**  
Cynghor Cymuned | Community Council

Cwmbran Community Council with Croesyceiling & Llanyrafon Community Council  
Cyngor Cymuned Cwmbrân gyda Chyngor Cymuned Croesyceiling a Llanyrafon



# CWMBRAN BIG EVENT DIGWYDDIAD MAWR CWMBRÂN

## 13/06/2026

SATURDAY / DYDD SADWRN  
12:00pm to 5:00pm

Cwmbran Boating Lake  
Llyn Cychod Cwmbrân

For more information call:  
Am fwy o wybodaeth ffoniwch:

**01633 849070**

[cwmbrancc@cwmbrian.gov.uk](mailto:cwmbrancc@cwmbrian.gov.uk)



RUBIN / LEWIS / O'BRIEN



**BABY & ME**  
EXERCISE CLASS

**PERSONAL Shelite TRAINER**

Pontypool Community Council  
Cyngor Cymuned Pont-Y-Pŵl

**FREE BABY & MUM EXERCISE CLASS!**

★ **STARTING THURSDAY 4th JUNE at 1PM** ★

Contact me at [shelitefitness@live.co.uk](mailto:shelitefitness@live.co.uk) to register!

**Benefits for the Mother**

- **Physical Recovery:** Restores strength and tones abdominal and pelvic muscles.
- **Weight Management:** Helps with losing post-pregnancy weight.
- **Mental Well-being:** Reduces stress, anxiety, and symptoms of postpartum depression.
- **Increased Energy:** Improves energy levels and sleep.
- **Social Connection:** Meet other new mums in a supportive setting.

**Benefits for the Baby**

- **Bonding:** Builds emotional connection with mum.
- **Development:** Stimulates social awareness, fine motor skills, and balance.
- **Comfort:** Soothes colic and aids digestion.
- **Relaxation:** Helps babies relax and sleep better.

Funded via  
**Pontypool Community Council**



**CAMHS**  
Mental Health & wellbeing  
**WORKSHOPS**

FOR YOUNG PEOPLE. ONLINE.

**MAY HALF TERM**

**Understanding your emotions**

A 1.5 hour workshop exploring feelings and emotions and learning new ways to regulate our emotions. Suitable for year 5 and older

Thursday 28<sup>th</sup>  
May 13:30-15:00

**5 ways to wellbeing**

1.5 hour workshop sharing tips and ideas on easy ways that students can actively improve their own well being

Wednesday 27<sup>th</sup>  
May 13:00-14:30

**Transition**

1.5 hour workshop exploring feelings and emotions associated with transition and change. We look at common worries associated with transition and discuss some coping strategies to positively manage. For year 6s.

Tuesday 26<sup>th</sup>  
May 11:00-12:30

**Looking after yourself during exam season**

1.5 hour workshop supporting students to understand what stress is, how it can present itself in the body and providing strategies to combat the impact of exam stress.

Thursday 28<sup>th</sup>  
May 11:00-12:30

Scan to book on



GIG NHS Health and Wellbeing Gateway

# LEARN TO SWIM

## AT HALO LEISURE

Learning to swim is more than fun – it's lifesaving.

Build confidence, stay safe, and enjoy the water with Halo's Learn to Swim Programme.



Sign up to our learn to swim programme between 1st & 30th June 2026 and enjoy:

First 2 lessons  
**FREE+**  
**50% OFF**  
first 2 months

**SAFER  
SWIMMERS  
START HERE**



### JOIN TODAY

Let's make swimming second nature.



Call **01432 842075**  
or pop into your  
local Halo pool.

[www.haloleisure.org.uk](http://www.haloleisure.org.uk)

TORFAEN  
COUNTY  
BOROUGH  AMRODDETHAR  
SERIC  
TORFAEN

  
halo



# SPOTLIGHT DANCE FITNESS

## *Gentle Spotlight* Dance Fitness

Move at your own pace with simple choreography, uplifting music,  
and a relaxed, supportive atmosphere.

*A softer take on the classic Spotlight session – same fun, less intensity.*



**Thursdays - 10:30am** Garndiffaith Millennium Hall

**Fridays - 11am** Blaenavon Workmen's Hall

*No experience needed. Everyone welcome.*

Contact Rachael: 07484 737410



# BLAENAVON ON THE MOVE!

Launching Our New Bike Recycling Project & Community Bike Library



**DONATE & RENEW!**  
BIKE RECYCLING PROJECT

Sustainable Transport -  
Give Old Bikes New Life!



**FREE WHEELS!**  
BIKE LIBRARY

Access to Bikes -  
Borrow, Ride, Explore!




**JOIN THE MOVEMENT!**

**VOLUNTEER  
OPENING DAY**

Community Building -  
Make a Difference!



We have Teamed Up With  
Active Travel. 

Join us as we launch an exciting new community initiative focused on **sustainable transport, accessibility, and hands-on skills.**

## WHAT'S HAPPENING?

- Live Bike Repairs And Demo
- Volunteer Sign Ups
- Donation Station
- Bike Library Registrations
- Refreshments
- Information And Advice
- And So Much More

## Event Details

**Location:** Circulate Recycling  
Unit 14, Gilchrist Thomas  
Industrial Estate, Blaenavon

**Date:** Wednesday, 3rd June 2026

**Time:** 10:00 AM – 2:00 PM



**HwbGofalwyr Gwent CarersHub**

# WHAT'S ON Gwent Carers Hub

May 2026

**Monday - Friday, 10am - 3pm**

The Hub is open to provide advice, information and support on your caring role in a relaxed, friendly and informal environment.

**Gwent Hub Closures This Month:**  
 Monday 4<sup>th</sup> May  
 Monday 25<sup>th</sup> May

**May Support Groups:**

**Unpaid Carers Support Group**

Every Monday  
10am-2pm

**Unpaid Carers Support Group**

Every Wednesday 10am-2pm please contact the Hub to let us know you are coming

Bwrdd Partneriaeth Blaenau Gwent Gwent Regional Partnership Board  
Adferiad Cefnogi Pobl - Supporting People  
Mae Adferiad Recovery yn sefydlu corffweddlyd a charitabl i ddarparu gwasanaethau i bobol sy'n cael problemau i'w hysbysu a'i llosgi  
Adferiad Recovery is a charitable incorporated organisation registered in England and Wales  
Cyfeirnod cofrestrwyd: 79 Delydd Alun, 36 Rhodfa'r Twmpwr, Bae Calvan, LL23 8JA. Rhif Ffôn: 01495 367564. Rhif Ffôn Ffôn: 01495 367564. Rhif Ffôn Ffôn: 01495 367564. Rhif Ffôn Ffôn: 01495 367564.  
Registered address: 79 Delydd Alun, 36 Rhodfa'r Twmpwr, Bae Calvan, LL23 8JA. Registered number: 2701024. Charity number: 1209596

**HwbGofalwyr Gwent CarersHub**

## Upcoming Activities

**Reflecting On Our Service**

Reflecting On Our Service - What Does Our Service Mean To You?

Wedsnesday 6<sup>th</sup> May 2026 10am-2pm

**Unpaid Carers Bracelet Making**

Come And Join Us To Make A Bracelet

WEDNESDAY 13<sup>th</sup> MAY 2026 10AM-2PM

**Unpaid Carers Mosaic crafting**

WEDNESDAY 20<sup>th</sup> MAY 2026 10AM-2PM

**Unpaid Carers Scrapbook Making**

We Will Be Doing This Every Last Wednesday Of The Month. Please Contact Us To Let Us Know You Will Be Attending

WEDNESDAY 27<sup>th</sup> MAY 2026 10AM-2PM

**To book onto any of the activities, please contact the Gwent Carers Hub on 01495 367564 / gwentcarershub@adferiad.org**

Bwrdd Partneriaeth Blaenau Gwent Gwent Regional Partnership Board  
Adferiad Cefnogi Pobl - Supporting People  
Mae Adferiad Recovery yn sefydlu corffweddlyd a charitabl i ddarparu gwasanaethau i bobol sy'n cael problemau i'w hysbysu a'i llosgi  
Adferiad Recovery is a charitable incorporated organisation registered in England and Wales  
Cyfeirnod cofrestrwyd: 79 Delydd Alun, 36 Rhodfa'r Twmpwr, Bae Calvan, LL23 8JA. Rhif Ffôn: 01495 367564. Rhif Ffôn Ffôn: 01495 367564. Rhif Ffôn Ffôn: 01495 367564.  
Registered address: 79 Delydd Alun, 36 Rhodfa'r Twmpwr, Bae Calvan, LL23 8JA. Registered number: 2701024. Charity number: 1209596

**Clwb Cwtsh** meithrin.cymru/clwbcwtsh

**PONTYPWL**  
 DYDD MERCHER / WEDNESDAY  
 13:00 - 14:00  
 29/04/26 - 24/06/26

Cylch Meithrin Pontypwl, St James Hall, St James Field, Handbury Road, Pontypool, NP4 6JT

Clwb Cwtsh is a fun-filled and informal programme focusing on speaking Welsh with young children.  
 Mae Clwb Cwtsh yn gwrs blasu Cymraeg sydd wedi'i anelu at ddysgwyr newydd ac sy'n canolbwyntio ar iaith magu plant yn y cartref.

I gofrestru, ebostiwch / To register, email:  
**clwbcwtsh@meithrin.cymru**

mudiad meithrin arbenigwyr y blynyddoedd cymru  
Y Ganolfan Dyna Gymuned Genedlaethol - National Centre for Learning Welsh  
Adferiad Cefnogi Pobl - Supporting People  
Dyngu Learn



# NEW PLAYERS WANTED

**Kids Rugby – Come & Give It a Try!**  
Looking for a fun, active sport for your child?

Our Mini & Junior Rugby Team is welcoming new players of all abilities.

Fun, safe & supportive environment.  
Build confidence, teamwork & friendships  
Open to all kids who want to give rugby a try

Bring your child along on a Wednesday training night for a free taster session to see if rugby is for them — no pressure, just fun!



Location: Lasgarn View, Varteg, Pontypool  
Torfaen  
NP4 7SF



Message us on Facebook  
@Garndiffaith Mini and Juniors

# ● WEEKLY ACTIVITIES IN ● GARNDIFFAITH AND ABERSYCHAN

## MONDAY

**10 am - 11am**

Yoga - Cwmavon Village Hall  
Baby & Me - Millenium Hall

**10 am - Midday**

Drawing & Talking - Coedwedd  
Community Hub

**12.30 - 2.30pm**

Open art session - Coedwedd  
Community Hub

**1pm - 3pm**

Wellbeing Through Stitch -  
Cwmavon Village Hall

## TUESDAY

**10 am - 11am**

Couch to 5km - Coedwedd  
Community Hub

**10 am - Midday**

Coffee Morning - Trinity  
Methodist Church

**10.30am - 11am**

Tai Chi Talywain OAP Hall

**11.30am - 12.30pm**

Body Weight Exercise Class -  
Millenium Hall

**Midday - 2pm**

Lunch club - Talywain Rugby  
Club

**2.30pm - 4.30pm**

Pensioners Club - Victoria  
Village Hall

## WEDNESDAY

**10 am - 11am**

Tai Chi - Millenium Hall

**10am - 2.30pm**

Men's shed - Coedwedd  
Community Hub

**2pm - 4pm**

Prize Bingo - Victoria Village  
Hall

Cwmavon & Blaenavon  
Crafters - Cwmavon Village  
Hall

**6pm - 8pm**

Noddfa Teens - Noddfa  
Church

**8pm - 10pm**

Old Time Modern Dancing -  
Millenium Hall

## THURSDAY

**10am - 11.30am**

Shelite (gentle exercise class) -  
Millenium Hall

**10am Start**

Wellbeing Walk - Coedwedd  
Community Hub

**10am - Midday**

Art for Everyone - Cwmavon  
Village Hall

**12.30pm - 2.30pm**

Little Feet (parent and baby  
group) - Noddfa Church

**1.30pm - 3.30pm**

Knifty Knitters - Millenium Hall

## FRIDAY

**9.30 - 10.30am**

Pop in & Play (family with pre-  
school children) - Millenium  
Hall

**10am - 11am**

Tai Chi - Cwmavon Village Hall

**10am - Midday**

Feet-Up Friday - Noddfa  
Church

**10am - 2.30pm**

Fun & Games - Coedwedd  
Community Hub

**6pm - 8pm**

Noddfa Juniors - Noddfa  
Church



The Millennium Hall are running 3 warm hubs on a weekly basis for the next few months.

Monday: 11am - 2pm will be just a warm hub (free refreshments and somewhere to go and have a chat)

Wednesday: 1pm - 4pm will be a film club (free to attend)

Saturday: 11am - 2pm will be a family film club (free to attend)

Victoria Village Hall:

Thursday: Cake and Company 11am - 1pm (free refreshments)

## Coedwedd Community Hub

Coedwedd Community Hub offer sessions in our local community for adults, including DIY, Chat and Snack and Craft and Relax. Please visit their website to find out more.

[Coedwedd Community Hub | Home | Stanley Road, Gardiffaith, Abersychan, Pontypool](#)



## Coedwedd Community Hub

Wellness in the Workshop  
Wellbeing Walks  
Coffee Mornings  
Social Garden  
Drawing & Talking

*"Strangers are just friends we haven't met yet"*

*"Mae dieithriaid yn ffrindiau nad ydym wedi cwrdd â nhw eto"*

info@coedwedd.org

**MEN'S SHEDS**  
CYMRU

Stanley Road  
Garndiffaith, NP4 7LY  
(opposite Premier shop)

Coedwedd Community Hub

## Weekly Schedule

**LET'S TALK**

<b>Monday</b> 10am - 3pm	<b>Drawing &amp; Talking</b> 10am - Midday <b>Open House Art</b> 12:30 - 14:30
<b>Tuesday</b> 10am - 3pm	<b>To Be Confirmed</b>
<b>Wednesday</b> 10am - 3pm	<b>Coffee Morning</b> 10:00 - Midday <b>Men's Shed (Social &amp; Workshop)</b> 10:00 - 14:30
<b>Thursday</b> 10am - 3pm	<b>Social Walk</b> 10:30 - 13:00
<b>Friday</b> 10am - 3pm	<b>Fun &amp; Games</b> 10am - 14:30



Unit 14, Gilchrist Thomas Industrial Estate, Blaenavon. NP4 9RL

GARNSYCHAN PARTNERSHIP

## Community Hub

Monday - Friday 9am - 4:30pm

- Coffee Corner
- FREE WIFI and Computer Library
- Community Kitchen
- Pantry
- FoodBank
- BabyBank
- Fuel Support
- Prescription and Welfare Support Packages
- Befriending Calls
- Volunteering
- Training Courses
- Bike Recycling
- Furniture Retail Shop

01495 774453

## PONTYPOOL!

**FootiCubs**  
**EARLY YEARS FOOTBALL**  
AGES 18MTHS - 5YRS

BASED INDOORS AT  
GARNDIFFAITH HALL,  
NP4 7LT EVERY SATURDAY!

**FREE TRIAL!**



www.footicubs.co.uk/early-years

kindest Regards,

Mrs Roche & all the staff at Garnteg Primary School