

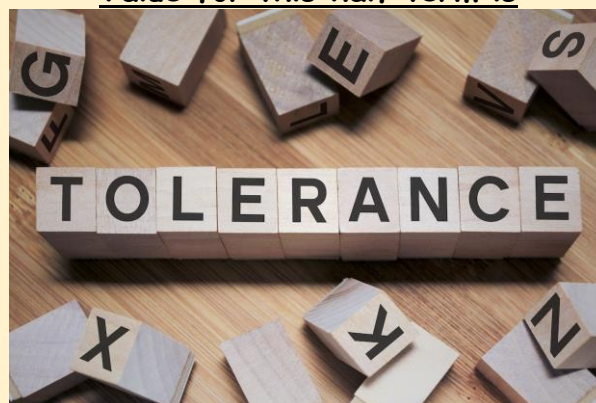


GARNTeg PRIMARY SCHOOL
Hillcrest Garndiffaith Pontypool Torfaen NP475J
01495 742934
Garntegschool.office@torfaen.gov.uk
www.garntegprimary.co.uk



Newsletter - 19th June 2026
Cylchlythyr - 19th Mehefin 2026

Value for this half term is



Gwerth yr hanner tymor
Croeso Yn Ôl

INSET DAYS

Friday 17th July 2026

Monday 20th July 2026

June



Tuesday 30th June 2026 - Year 5 Health and Wellbeing Day at Abersychan School

Monday 22nd June 2026 - Foundation Sports Day all Nursery and Reception - **9.30am**

Year 1 & 2 - **1.30pm**

Wednesday 24th June 2026 - KS2 Sports Day Year 3 & 4 - **9.30am**

Year 5 & 6 - **1.30pm**

Friday 26th June 2026 - Year 5 Blenheim Bomber Walk

July

Thursday 2nd July 2026 - Nursery Leavers Assembly

Friday 3rd July 2026 - Year 6 Prom

Thursday 9th July 2026 - Year 6 Leavers Assembly

Friday 10th July 2026 - Year 6 Leavers Assembly

Year 5/6 Diary

JUNE '26



PACKED LUNCH REQUIRED



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Y6 Road safety talk	02	03	04	05
08	09	10 Final enhanced transition visit (select pupils) Introduction to sign language Y6	11 Y6 Girls in STEM session 2	12
15 Y6 Transition Abersychan	-----SAFE CYCLING WEEK- BRING YOUR BIKES TO SCHOOL-----			
22 Y6 Transition Abersychan	23	24 KS2 sports day	25 Y6 Girls in STEM session 3	26 Y5 Blenheim Bomber Walk
29	30			

JULY '26

 PACKED LUNCH REQUIRED



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		¹ Move Up Day- all children	² Y6 Safe Cycling Assessment	³ Y6 PROM- 6-8 School Hall
⁶	⁷	⁸ Y6 Abersychan Visit- Wizard of Oz	⁹ Y6 Class 9 & 10 Leavers assembly 1.30	¹⁰ Y6 Class 11 Leavers assembly 1.30
¹³ Y6 Girls in STEM session 4 	¹⁴	¹⁵	¹⁶ Last day of term	¹⁷

Term Dates - 2025/2026 Academic Year

Term	Term Begins	Half Term Begins	Half Term Ends	Term Ends
Autumn	Monday 01.09.25	Monday 27.10.25	Friday 31.10.25	Friday 19.12.25
Spring	Monday 05.01.26	Monday 16.02.26	Friday 20.02.26	Friday 27.03.26
Summer	Monday 13.04.26	Monday 25.05.26	Friday 29.05.26	Monday 20.07.26

2026/2027 Academic Year

Term	Term Begins	Half Term Begins	Half Term Ends	Term Ends
Autumn	Tuesday 01.09.26	Monday 26.10.26	Friday 30.10.26	Friday 18.12.26
Spring	Monday 04.01.27	Monday 08.02.27	Friday 12.02.27	Friday 19.03.27
Summer	Monday 05.04.27	Monday 31.05.27	Friday 04.06.27	Tuesday 20.07.27



Big Bocs Bwyd

The school received excellent news a few weeks ago, we have been accepted on the Big Bocs Bwyd project. This project is about Food Literacy and reducing wastage of food and is available to the whole community. Each week **starting Monday 22nd June 2026** there will be a range of food available such as fruit and vegetables and non- perishable foods such as tins (fruit, soups, beans etc) and packets (pasta, rice) which has been received from Fareshare and supermarkets. All we ask for is a 'Pay As You Feel' donation. Whilst we await the cabins for the project, we will be running it from our Food For Growth classroom on KS2 yard.

The times the shop will be open are:

Every Monday 2:00-3:00pm and every Thursday 2:00-3:00pm.

For more information about Big Bocs Bwyd please click on the link below:

<https://bigbocsbwyd.co.uk/>

Here comes the sun 🌞

Please can children bring a drink, hats and make sure they wear suncream to school as the weather becomes hotter.

Fathers Day / Special person shop 💎 ⌚

Thank you to everyone for supporting this.

Breakfast Club

A reminder that our breakfast club begins at **8.20am** and finishes at **8.50am**. Please ensure children arrive on time. 🍳 🍌




Late Arrivals ⌚

If pupils arrive at 9:00am and after, please can all Parents & Carers (or whoever brings them to school) take them to the school office for their registration mark and lunch choice. Pupils need to be handed over to office staff. Can Parents & Carers please let other adults who bring children to school know this information too.

Appropriate Footwear

A reminder to ensure children are wearing appropriate footwear in school, closed toe shoes are necessary for daily mile and climbing frame activities.

Allotment Donations

We would be grateful for any plants or seeds for our allotment this Summer Term. Donations can be brought to the office. Thank you!   



School Admissions 2027

Will your child be starting Nursery, Reception or Secondary school in 2027?


In Torfaen, there are a number of Welsh Medium, English Medium and Voluntary Aided (VA) Faith based Schools your child could attend.

Applications for school/nursery can be made online via our website. In submitting an online application, you will receive an instant acknowledgment that your application has been received and you will be notified of the outcome of your application via email on the decision date, rather than waiting for a letter in the post!

There is a deadline for making your application. If you miss this deadline, or change your preference after the closing date, it may increase the possibility of not achieving a place at the school of your choice.

September 2027 Admission Groups	Admission Round Commences	Closing Date for Applications	Decision Date
Nursery	8 June 2026	20 July 2026, 5pm	18 September 2026
Reception	13 November 2026	15 January 2027, 5pm	16 April 2027*
Secondary	18 September 2026	30 October 2026, 5pm	1 March 2027*

*This is a common offer date across all Welsh admission authorities.

 Scan the QR code now to view the application process!

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You are invited to join our free virtual swap shop:



FREE SCHOOL CLOTHES.com

Join our **growing community**. Easy to adopt with significant benefits for schools and families:

FreeSchoolClothes.com is a free, not-for-profit "virtual swap shop" helping families share and reuse school clothes and other essentials locally within your school community, for free.

- Help families to save money.
- Protecting our planet by reducing waste.
- Strengthening our communities.

Founded in 2022 at Ysgol Treganna, Cardiff. **Now covering all UK schools.**

It's easy to get started. *Simply share this message and QR code with your families.*

Please visit [FreeSchoolClothes.com](https://www.freeschoolclothes.com) to join our new virtual swap shop.

Offer outgrown school clothes to other families in our school community. Browse and request things that you need, for free. Save money and protect the planet.

- **Your school is already live** on the platform and ready to go.
- **Free** to join and use. Not-for-profit.
- **No storage or handling** of clothes, redistribution happens directly between families.
- **Sustainability goals:** live impact data show money saved and carbon offset for your school.
- **Always open:** when families need it most, evenings, weekends and school holidays.
- **Compliments existing physical swap shop initiatives**, if you have one.



For **support** or to volunteer as a school champion please contact: support@freeschoolclothes.com

Abersychan School Moving Up Day



MOVING UP DAY



Ysgol Abersychan School

Wednesday 1st July

We are looking forward to welcoming our new starters to Abersychan School on Wednesday 1st July!



MEET THE TEACHERS



TOUR THE SCHOOL



EXPERIENCE LESSONS



school.office@abersychanschool.co.uk



www.abersychanschool.org.uk

The ABUHB School Nursing Service

Parent/CarerLine



The ABUHB School Nursing Service are excited to launch Parent/CarerLine, a new SMS text service for parents and carers of children aged 5 to 16!

Parents and carers can text our school nurses on [07507330206](tel:07507330206) for expert advice and support with a child's health and wellbeing. * Texts are replied to Monday - Friday 9:00 - 16:00 (excluding bank holidays)

Who are School Nurses?

School nurses are specially trained public health nurses who can help with a range of physical and emotional health issues, such as emotional wellbeing, toileting, immunisations, low mood, exam stress, self-harm, behaviour, relationships, healthy eating and more.

Noddfa Church



FREE TUITION
GET AHEAD

Key Stage 2-4

MONDAYS 4-6PM
A drink and a snack when you arrive

LEARNING MADE FUN
Interactive sessions to help make learning fun. Games and Quizzes that will help you in every subject across the curriculum

HOMEWORK HELP
Come with questions and we can help you to answer them for yourself.

QUALIFIED TEACHERS
Volunteers from Noddfa Church with experience in teaching are giving up their time to offer free tuition.

www.NoddfaChurch.com
(Homeschoolers welcome)



LEARN LOVE SHARE

NODDFA JUNIORS
FRIDAYS 6-8PM
TERM-TIME

FOR PRIMARY SCHOOL AGED CHILDREN
MAKE NEW FRIENDS
EXPLORE CHRISTIANITY
ASK QUESTIONS

Team **AWARDS** Individual **PRIZES** Cost **FREE**

Activities
✓ Storytelling & Crafts
✓ Games and Singing
✓ Tuck Shop
✓ Pizza and snacks
✓ Seasonal trips

Noddfa Church
Abersychan
NP4 7EF
All are welcome
You do not need to be a "Christian" to come.

More Information www.NoddfaChurch.com

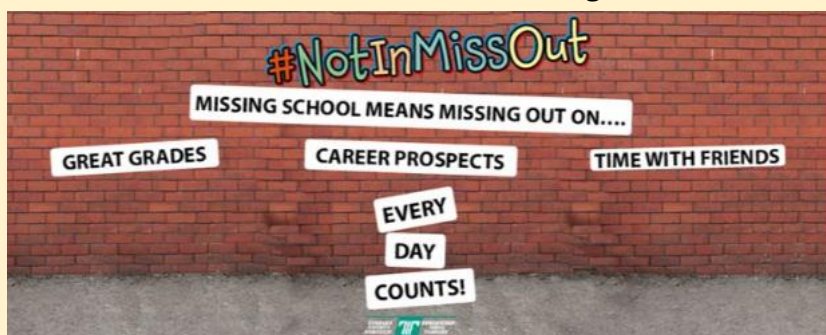


Attendance Winners 08th June- 12th June 2026

Congratulations to Dosbarth 4 Miss Brooks who were foundation phase attendance winners with 92.55% and Dosbarth 7 Mr Phillips with 94.85%

WELL DONE! DA IAWN!

This week's attendance figures are



Year	% overall	Class	Percentage	Year	% overall	Class	Percentage
Nursery	79	0	79	3 / 4	90.90	5	84.48
Reception	82.14	1	82.14			6	97.33
				3/4	84.83	7	84.83
1	75.93	2	75.93			5 / 6	87.53
1 / 2	85.56	3	86.43	9	91.61		
		4	84.69	5 / 6	88.90	10	93
						11	84.81

Class	Target by end of year	Current percentage to date
3	95	90.63
4	95	92
5	95	92.71
6	95	91.01
7	95	94.38
8	95	88.24
9	95	91.50
10	95	92.53
11	95	92.35

Seren Yr Wythnos

Foundation Phase		Key Stage 2	
Class	Seren Yr Wythnos	Class	
Nursery - Mrs Rogers	AM- Carwyn- Alfie PM-Reggie	Dosbarth 5 - Mr Key	Kainan
Dosbarth 1 - Mrs Lewis	Harry	Dosbarth 6 - Miss Williams	Chloe
Dosbarth 2 - Miss Dalton	Alicia	Dosbarth 7 - Mr Phillips	Isobelle
Dosbarth 3 - Miss Bones / Mrs Attewell	Aria	Dosbarth 8 - Mrs Ngwenya	Rylie-Rose
Dosbarth 4 - Miss Brooks	Oliver	Dosbarth 9 - Mrs Emanuel	Archie
		Dosbarth 10 - Mrs Lee	Ellie and Harrison
		Dosbarth 11 - Mrs Parker-Evans	Max

Meithrin - Meithrin have been busy making using the creative area making minibeasts that we saw outside in the nursery using natural materials. The children really enjoyed practising for our sports day and they can't wait to see you on the day. Just a reminder that all nursery children need to attend the morning session on MONDAY 22nd JUNE. Have a lovely weekend.

Dosbarth 1 - Reception have loved practising for Sports Day this week and have shown great enthusiasm and determination in all of their activities. We are so proud of the effort they have put in and cannot wait to see them take part. Over the weekend, children need to remember to bring back their homework logs and reading books so that we can continue to support their learning. Da iawn, Derbyn, for all of your hard work this week! Have a lovely weekend.

Dosbarth 2- This week in Dosbarth Dau, we became scientists as we explored the wonderful world of plants. We investigated the different features of plants, learnt about the parts of a flower, and expanded our knowledge by studying the plant life cycle. We also created beautiful artwork and completed writing activities linked to our learning. We have also learnt about the Seven Days of Creation. The children enjoyed creating their own representations of the creation story and took part in thoughtful discussions about how we can care for and protect our world. We have been very impressed with the children's enthusiasm, creativity, and curiosity throughout the week. Da iawn, Dosbarth Dau!

Dosbarth 3 - Gwaith Da for another wonderful week of learning dosbarth tri! This week, we have been looking at how the world was created. Learners' have made their own versions of the creation story to show their understanding. They also designed their own superheroes through a variety of ways and discussed ways they could help protect our planet. We have enjoyed practising for Sports Day and are very excited for Monday 22nd at 1:30pm. We look forward to seeing you there 😊

Dosbarth 4 - Ffantesteg week Dosbarth 4! This week we have been looking at How the Earth was created in 7 days and how the children would protect the earth to keep it going. We have been practicing for Sports Day which is on Monday 22nd at 1.30pm. The weather is currently showing that it will be extremely warm so could you please provide your child with a drink, a hat and suncream. Have a lovely weekend.

Dosbarth 5 - Diolch Class 5 for another wonderful week! You have been very busy in class this week, where we have been preparing our skills to write instructions, solving problems using division and continuing our work understanding how we can help others! A special well done for all Year 3 pupils who completed Kerbcraft this week. We are looking forward to welcoming you to our sports day on Wednesday 24th at 9:30! Have a lovely weekend!

Dosbarth 6 & 7 - Da iawn for another fantastic week! This week we have been understanding parables and how they can help us to help others. A big da iawn to our Year 3's who took part in Kerbcraft this week and we very sensible taking part in sessions throughout the week. We are very excited to take part in our Sports day on Wednesday 24th June at 9:30am. We look forward to seeing you there

Dosbarth 8, 9 & 10 - Da iawn for another fantastic week! You have all worked really hard. A quick reminder that next Wednesday afternoon is our sports day. The weather looks to be warm so please ensure children have drinks, suncream and hats. Also, Year 5 will be completing their Blenheim Bomber walk on Friday so remember your packed lunches, drinks and appropriate clothing.

Dosbarth 11 - Da iawn dosbarth 11, you truly sparkled this week. Your behaviour at Aberychan was exemplary and you have done an excellent job starting your safe cycling journey. Remember to work on your learning logs ahead of the rest of our term. We look forward to sports day next Wednesday afternoon too. Have a great weekend. 😊

Community Notices

We would like to share with you details of the next series of Talks in Torfaen for parents/caregivers - please see flyer attached).

These are **FREE** 1-hour wellbeing talks that take place weekly on **Fridays from 9.30 - 10.30am**, and start on **Friday 12th June 2026**. Talks take place online using Microsoft Teams and are facilitated by NHS Clinical Psychologists.

To register to attend these talks, you can click the link here: [Primary Talks in Torfaen for Parents & Caregivers: Summer 2026 Sign Up Form - Fill in form](#)

primary Talks in Torfaen for Parents & Caregivers
Summer 2026

A series of talks for **ALL** parents & caregivers of children who are **nursery** or **primary** school age (1-10 years old) in Torfaen.

Talks will take place online using **Microsoft Teams** and are delivered by **NHS Psychologists**.

Talks are about **supporting your child with their...**

with Dr Charlie Cowtan (Clinical Psychologist)

- Friday 12th June 9:30 - 10:30am**
Emotional Wellbeing
- Friday 19th June 9:30 - 10:30am**
Difficult Emotions
e.g. separation anxiety, anger, feeling nervous
- Friday 26th June 9:30 - 10:30am**
Development
e.g. understanding emotions, social skills, concentration
- Friday 3rd July 9:30 - 11.00am**
Screens & Devices
- Friday 10th July 9:30 - 10:30am**
Going back to School
e.g. after summer holidays, start of new school year

DEEP DIVE

If you would like to book on to these talks please **click on the link below** or **scan the QR code**
<https://forms.cloud.microsoft/e/CXaZnC3tFa>

GIG NHS | Bwrdd Iechyd Prifysgol Anurhin Bevan | University Health Board
primary | Talks in Torfaen for Parents & Caregivers | Gwaithdy yn Nhorfaen ar gyfer rhieni a gofalwyr
Seicoleg Cymunedol Plant a Theuluoedd | Child & Family Community Psychology

Are you supporting a child with ND/ADHD and would like to join a peer support group?



Peer Support For Adult Parent/Carers of ND children.

Run By Volunteers With Lived Experience.

No Diagnosis Needed
Based In Gwent
Regular Face-To-Face Meetings
Friendly, Supportive And Non-Judgemental
Focus On ADHD Plus Other Neurodivergent Conditions
Such As Autism.

NEW GROUP In Abergavenny

**4th Tuesday of the month
during term time 10am-12.**

GPCN Hub

**The Old Police Station, Lewis
Lane, Abergavenny
NP7 5BB**



Find us on Facebook
ADHD + Newport



Caring Canines Cymru Charity Fund Raising Event 2026

*** 3 Raffle categories ***



4 x tickets Vue Cinema **Family** 4 x tickets Hollywood Bowl **Family**
£30 voucher at the Dorallt Inn, Cwmbran **Family**
£15 gift voucher The Entertainer **Family**
Entry for 4 at Cheeky Monkeys (2 adults, 2 children) **Family**
Sweets from Ye Olde Sweet Shop **Family**

4 x 30 min therapy sessions with Caring Canine **Family** ** 4 x individual prizes
4 x Family passes Green Meadow Community Farm (entry for 2 adults, 2 children) **Family** **** 4 x individual prizes

Meal voucher at the Farmers Table at Community Farm **Family**
Round of golf for 4 West Mon Golf Club **Adult**
2 x grounds passes at Chepstow Race Course **Adult**
Just feet by Jacqui - foot care treatment voucher **Adult**
Bannatynes beauty voucher **Adult**
Psychic / Medium event tickets or private session **Adult**
Complexion beauty salon, Caerleon voucher **Adult**
Jelena beautician voucher - £30 ear piercing **Adult**
Mutley Crew course of sessions (choice of courses available) **Dog**



and many more prizes - Good luck

**foster
wales**
Torfaen



**help teenagers foster their own story.
visit torfaen.fosterwales.gov.wales**

fostering a teenager means being there for key moments in their life.

your support can offer stability, encouragement, and a safe space to grow. It's not just about changing a life – it's about empowering a young person to write their own life story.

as a foster carer with us, you'll receive:

- support from your local fostering team

- access to your local fostering community

- fees and allowances


- training and development


- Fostering Network membership – the UK's leading fostering charity

- New Family Social membership – a support network for LGBTQ+ foster carers

- refer a friend bonus

 torfaen.fosterwales.gov.wales

 01495 766669

 fosterwalestorfaen@torfaen.gov.uk





Cwmbrân
Cynghor Cymuned | Community Council

Cwmbran Community Council with Croesyceiling & Llanyrafon Community Council
Cynghor Cymuned Cwmbrân gyda Chyngor Cymuned Croesyceiling a Llanyrafon



CWMBRAN BIG EVENT DIGWYDDIAD MAWR CWMBRÂN

13/06/2026

SATURDAY / DYDD SADWRN
12:00pm to 5:00pm

Cwmbran Boating Lake
Llyn Cychod Cwmbrân

For more information call:
Am fwy o wybodaeth ffoniwch:

01633 849070

cwmbrancc@cwmbrian.gov.uk



RUBIN / LEWIS / O'BRIEN

BABY & ME
EXERCISE CLASS

PERSONAL TRAINER
Shelite
TRAINER

Pontypool Community Council
Cyngor Cymuned Pont-Y-Pŵl

FREE BABY & MUM EXERCISE CLASS!

★ **STARTING THURSDAY 4th JUNE at 1PM** ★

Contact me at shelitefitness@live.co.uk to register!

Benefits for the Mother

- **Physical Recovery:** Restores strength and tones abdominal and pelvic muscles.
- **Weight Management:** Helps with losing post-pregnancy weight.
- **Mental Well-being:** Reduces stress, anxiety, and symptoms of postpartum depression.
- **Increased Energy:** Improves energy levels and sleep.
- **Social Connection:** Meet other new mums in a supportive setting.

Benefits for the Baby

- **Bonding:** Builds emotional connection with mum.
- **Development:** Stimulates social awareness, fine motor skills, and balance.
- **Comfort:** Soothes colic and aids digestion.
- **Relaxation:** Helps babies relax and sleep better.

Funded via
Pontypool Community Council

CAMHS
Mental Health & wellbeing
WORKSHOPS

FOR YOUNG PEOPLE. ONLINE.
MAY HALF TERM

Understanding your emotions

A 1.5 hour workshop exploring feelings and emotions and learning new ways to regulate our emotions. Suitable for year 5 and older

Thursday 28th
May 13:30-15:00

5 ways to wellbeing

1.5 hour workshop sharing tips and ideas on easy ways that students can actively improve their own well being

Wednesday 27th
May 13:00-14:30

Transition

1.5 hour workshop exploring feelings and emotions associated with transition and change. We look at common worries associated with transition and discuss some coping strategies to positively manage. For year 6s.

Tuesday 26th
May 11:00-12:30

Looking after yourself during exam season

1.5 hour workshop supporting students to understand what stress is, how it can present itself in the body and providing strategies to combat the impact of exam stress.

Thursday 28th
May 11:00-12:30

Scan to book on

GIG NHS Health and Wellbeing Hub

LEARN TO SWIM AT HALO LEISURE

Learning to swim is more than fun — it's lifesaving.

Build confidence, stay safe, and enjoy the water with Halo's Learn to Swim Programme.



Sign up to our learn to swim programme between 1st & 30th June 2026 and enjoy:

First 2 lessons
**FREE +
50% OFF**
first 2 months

**SAFER
SWIMMERS
START HERE**



JOIN TODAY

Let's make swimming second nature.



Call **01432 842075**
or pop into your
local Halo pool.

www.haloleisure.org.uk



halo

SPOTLIGHT DANCE FITNESS



Gentle Spotlight Dance Fitness

Move at your own pace with simple choreography, uplifting music, and a relaxed, supportive atmosphere.

A softer take on the classic Spotlight session — same fun, less intensity.



Thursdays - 10:30am Garndiffaith Millennium Hall

Fridays - 11am Blaenavon Workmen's Hall

No experience needed. Everyone welcome.

Contact Rachael: 07484 737410



BLAENAVON ON THE MOVE!

Launching Our New Bike Recycling Project & Community Bike Library



DONATE & RENEW!
BIKE RECYCLING PROJECT

Sustainable Transport -
Give Old Bikes New Life!



FREE WHEELS!
BIKE LIBRARY

Access to Bikes -
Borrow, Ride, Explore!




JOIN THE MOVEMENT!

**VOLUNTEER
OPENING DAY**

Community Building -
Make a Difference!



We have Teamed Up With
Active Travel. 

Join us as we launch an exciting new community initiative focused on **sustainable transport, accessibility, and hands-on skills.**

WHAT'S HAPPENING?

- Live Bike Repairs And Demo
- Volunteer Sign Ups
- Donation Station
- Bike Library Registrations
- Refreshments
- Information And Advice
- And So Much More

Event Details

Location: Circulate Recycling
Unit 14, Gilchrist Thomas
Industrial Estate, Blaenavon

Date: Wednesday, 3rd June 2026

Time: 10:00 AM – 2:00 PM



WHAT'S ON Gwent Carers Hub

May 2026

Monday - Friday, 10am - 3pm

The Hub is open to provide advice, information and support on your caring role in a relaxed, friendly and informal environment.

Gwent Hub Closures This Month:

Monday 4th May
Monday 25th May

May Support Groups:

Unpaid Carers Support Group

Every Monday
10am-2pm

Unpaid Carers Support Group

Every Wednesday 10am-2pm please contact the Hub to let us know you are coming



How Adferiad Recovery yn
wyfudd corfforelly a hyspymal
ac wedd corfforelly yng
Nhyfynu a Lloegr

Cyfeirnod cofrestrwyd: Ty Dafydd Alan, 36 Rhodfa'r Ystradow, Bae Calway, LL29 8JA. Rhif Cofrestru: 275024 Rhif E-bost: 1039386
Ffôn: 01495 367564
Cyfeirnod cofrestrwyd: Ty Dafydd Alan, 36 Rhodfa'r Ystradow, Bae Calway, LL29 8JA. Rhif Cofrestru: 275024 Rhif E-bost: 1039386
Ffôn: 01495 367564

Upcoming Activities

Reflecting On Our Service

Reflecting On Our Service - What Does Our Service Mean To You?

Wednesday 6th May 2026 10am-2pm

Gwent Carers Hub, 3 Central Mews, Off Market Street, Pontypool, NP4 6JN

Unpaid Carers Bracelet Making

Come And Join Us To Make A Bracelet

Wednesday 13th May 2026 10AM-2PM

THE GWENT CARERS HUB 3 CENTRAL MEWS, OFF MARKET STREET, PONTYPOOL, NP4 6JN

EMAIL: GWENTCARERSHUB@ADFERIAD.ORG 01495 367564

Unpaid Carers Mosaic crafting

Wednesday 20th May 2026 10AM-2PM

THE GWENT CARERS HUB 3 CENTRAL MEWS, OFF MARKET STREET, PONTYPOOL, NP4 6JN EMAIL: GWENTCARERSHUB@ADFERIAD.ORG 01495 367564

Unpaid Carers Scrapbook Making

We Will Be Doing This Every Last Wednesday Of The Month. Please Contact Us To Let Us Know You Will Be Attending

Wednesday 27th May 2026 10AM-2PM

THE GWENT CARERS HUB 3 CENTRAL MEWS, OFF MARKET STREET, PONTYPOOL, NP4 6JN EMAIL: GWENTCARERSHUB@ADFERIAD.ORG 01495 367564

To book onto any of the activities, please contact the Gwent Carers Hub on 01495 367564 / gwentcarershub@adferiad.org



How Adferiad Recovery yn
wyfudd corfforelly a hyspymal
ac wedd corfforelly yng
Nhyfynu a Lloegr

Cyfeirnod cofrestrwyd: Ty Dafydd Alan, 36 Rhodfa'r Ystradow, Bae Calway, LL29 8JA. Rhif Cofrestru: 275024 Rhif E-bost: 1039386
Ffôn: 01495 367564
Cyfeirnod cofrestrwyd: Ty Dafydd Alan, 36 Rhodfa'r Ystradow, Bae Calway, LL29 8JA. Rhif Cofrestru: 275024 Rhif E-bost: 1039386
Ffôn: 01495 367564

PONTYPWL
 DYDD MERCHER / WEDNESDAY
13:00 - 14:00
 29/04/26 - 24/06/26
 Cylch Meithrin Pontypwl, St James Hall,
 St James Field, Handbury Road,
 Pontypool, NP4 6JT

Clwb Cwtsh is a fun-filled and informal programme focusing on speaking Welsh with young children.
 Mae Clwb Cwtsh yn gwrw blasu Cymraeg sydd wedi'i anelu at ddysgwyr newydd ac sy'n canolbwyntio ar iaith magu plant yn y cartref.

I gofrestru, epostiwch / To register, email:
clwbcwtsh@meithrin.cymru

m **mudiad meithrin**
 arbenigwyr y blynyddoedd cynnar

Y Ganolfan Ddysgu Cymraeg Genedlaethol - National Centre for Learning Welsh

Y Gymdeithas Cymraeg - Welsh Language Society

Dysgu Learn

NEW PLAYERS WANTED

Kids Rugby – Come & Give It a Try!
 Looking for a fun, active sport for your child?

Our Mini & Junior Rugby Team is welcoming new players of all abilities.

Fun, safe & supportive environment.
 Build confidence, teamwork & friendships
 Open to all kids who want to give rugby a try

Bring your child along on a Wednesday training night for a free taster session to see if rugby is for them — no pressure, just fun!

Location: Lasgarn View, Varteg, Pontypool
 Torfaen
 NP4 7SF

Message us on Facebook
 @Garndiffaith Mini and Juniors

● WEEKLY ACTIVITIES IN ● GARNDIFFAITH AND ABERSYCHAN

MONDAY

10 am - 11am

Yoga - Cwmavon Village Hall
Baby & Me - Millenium Hall

10 am - Midday

Drawing & Talking - Coedwedd
Community Hub

12.30 - 2.30pm

Open art session - Coedwedd
Community Hub

1pm - 3pm

Wellbeing Through Stitch -
Cwmavon Village Hall

TUESDAY

10 am - 11am

Couch to 5km - Coedwedd
Community Hub

10 am - Midday

Coffee Morning - Trinity
Methodist Church

10.30am - 11am

Tai Chi Talywain OAP Hall

11.30am - 12.30pm

Body Weight Exercise Class -
Millenium Hall

Midday - 2pm

Lunch club - Talywain Rugby
Club

2.30pm - 4.30pm

Pensioners Club - Victoria
Village Hall

WEDNESDAY

10 am - 11am

Tai Chi - Millenium Hall

10am - 2.30pm

Men's shed - Coedwedd
Community Hub

2pm - 4pm

Prize Bingo - Victoria Village
Hall

Cwmavon & Blaenavon
Crafters - Cwmavon Village
Hall

6pm - 8pm

Noddfa Teens - Noddfa
Church

8pm - 10pm

Old Time Modern Dancing -
Millenium Hall

FRIDAY

9.30 - 10.30am

Pop in & Play (family with pre-
school children) - Millenium
Hall

10am - 11am

Tai Chi - Cwmavon Village Hall

10am - Midday

Feet-Up Friday - Noddfa
Church

10am - 2.30pm

Fun & Games - Coedwedd
Community Hub

6pm - 8pm

Noddfa Juniors - Noddfa
Church



The Millennium Hall are running 3 warm hubs on a weekly basis for the next few months.

Monday: 11am - 2pm will be just a warm hub (free refreshments and somewhere to go and have a chat)

Wednesday: 1pm - 4pm will be a film club (free to attend)

Saturday: 11am - 2pm will be a family film club (free to attend)

Victoria Village Hall:

Thursday: Cake and Company 11am - 1pm (free refreshments)

Coedwedd Community Hub

Coedwedd Community Hub offer sessions in our local community for adults, including DIY, Chat and Snack and Craft and Relax. Please visit their website to find out more.

[Coedwedd Community Hub | Home | Stanley Road, Gardiffaith, Abersychan, Pontypool](#)



Everyone is welcome
Coedwedd

Coedwedd Community Hub

Wellness in the Workshop
Wellbeing Walks
Coffee Mornings
Social Garden
Drawing & Talking




“Strangers are just friends we haven't met yet”

“Mae dieithriaid yn ffrindiau nad ydym wedi cwrdd â nhw eto”

info@coedwedd.org

MEN'S SHEDS
CYMRU

Stanley Road
Garndiffaith, NP4 7LY
(opposite Premier shop)

Coedwedd
Communitu Hub

Weekly Schedule



Monday 10am - 3pm	Drawing & Talking 10am - Midday Open House Art 12:30 - 14:30
Tuesday 10am - 3pm	To Be Confirmed
Wednesday 10am - 3pm	Coffee Morning 10:00 - Midday Men's Shed (Social & Workshop) 10:00 - 14:30
Thursday 10am - 3pm	Social Walk 10:30 - 13:00
Friday 10am - 3pm	Fun & Games 10am - 14:30



Unit 14, Gilchrist Thomas Industrial Estate, Blaenavon. NP4 9RL

GARNSYCHAN PARTNERSHIP

Community Hub

Monday - Friday 9am - 4:30pm

- Coffee Corner
- FREE WIFI and Computer Library
- Community Kitchen
- Pantry
- FoodBank
- BabyBank
- Fuel Support
- Prescription and Welfare Support Packages
- Befriending Calls
- Volunteering
- Training Courses
- Bike Recycling
- Furniture Retail Shop

01495 774453



PONTYPOOL!

FootiCubs
EARLY YEARS FOOTBALL

AGES 18MTHS - 5YRS

BASED INDOORS AT
GARNDIFFAITH HALL,
NP4 7LT EVERY
SATURDAY!

FREE TRIAL!



www.footicubs.co.uk/early-years

kindest Regards,

Mrs Roche & all the staff at Garnteg Primary School