

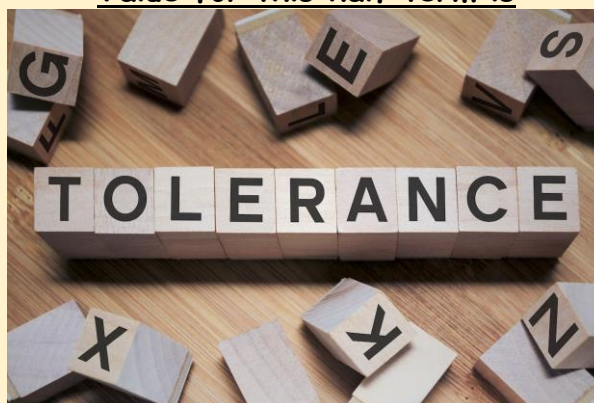


GARNTeg PRIMARY SCHOOL
Hillcrest Garndiffaith Pontypool Torfaen NP47SJ
01495 742934
Garntegschool.office@torfaen.gov.uk
www.garntegprimary.co.uk



Newsletter - 03rd July 2026
Cylchlythyr - 03rd Gorffennaf 2026

Value for this half term is



Gwerth yr hanner tymor
Croeso Yn Ôl

INSET DAYS

Friday 17th July 2026

Monday 20th July 2026

July

Monday 6th July 2026 - Nursery PM Leavers Assembly

Thursday 9th July 2026 - Year 6 Leavers Assembly

Friday 10th July 2026 - Year 6 Leavers Assembly


Year 5/6 Diary

JUNE '26		★ PACKED LUNCH REQUIRED			JUNE
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
01 Y6 Road safety talk	02	03	04	05	
08	09	10 Final enhanced transition visit (select pupils) Introduction to sign language Y6	11 Y6 Girls in STEM session 2	12	
15 Y6 Transition Abersychan	16 -----SAFE CYCLING WEEK- BRING YOUR BIKES TO SCHOOL-----	17	18	19	
22 Y6 Transition Abersychan	23	24 KS2 sports day	25 Y6 Girls in STEM session 3	26 Y5 Blenheim Bomber Walk	
29	30				

JULY '26

 PACKED LUNCH REQUIRED



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		¹ Move Up Day- all children	² Y6 Safe Cycling Assessment	³ Y6 PROM- 6-8 School Hall
⁶	⁷	⁸ Y6 Abersychan Visit- Wizard of Oz	⁹ Y6 Class 9 & 10 Leavers assembly 1.30	¹⁰ Y6 Class 11 Leavers assembly 1.30
¹³ Y6 Girls in STEM session 4 	¹⁴	¹⁵	¹⁶ Last day of term	¹⁷

Term Dates - 2025/2026 Academic Year

Term	Term Begins	Half Term Begins	Half Term Ends	Term Ends
Autumn	Monday 01.09.25	Monday 27.10.25	Friday 31.10.25	Friday 19.12.25
Spring	Monday 05.01.26	Monday 16.02.26	Friday 20.02.26	Friday 27.03.26
Summer	Monday 13.04.26	Monday 25.05.26	Friday 29.05.26	Monday 20.07.26

2026/2027 Academic Year

Term	Term Begins	Half Term Begins	Half Term Ends	Term Ends
Autumn	Tuesday 01.09.26	Monday 26.10.26	Friday 30.10.26	Friday 18.12.26
Spring	Monday 04.01.27	Monday 08.02.27	Friday 12.02.27	Friday 19.03.27
Summer	Monday 05.04.27	Monday 31.05.27	Friday 04.06.27	Tuesday 20.07.27

Governing Body AGM Meeting

Reminder to parents and carers, the governing body will be holding their AGM meeting from 2.45pm on Tuesday 7th July 2026. A warm welcome to everyone.

Hot Weather 🌞

Please ensure children bring a refillable drink, hat and make sure they wear suncream to school as the weather becomes hotter.



Big Bocs Bwyd

The school received excellent news a few weeks ago, we have been accepted on the Big Bocs Bwyd project. This project is about Food Literacy and reducing wastage of food and is available to the whole community. Each week **starting Monday 22nd June 2026** there will be a range of food available such as fruit and vegetables and non- perishable foods such as tins (fruit, soups, beans etc) and packets (pasta, rice) which has been received from Fareshare and supermarkets. All we ask for is a '**Pay As You Feel**' donation. Whilst we await the cabins for the project, we will be running it from our Food For Growth classroom on KS2 yard.

The times the shop will be open are:

Every Monday 2:00-3:00pm and every Thursday 2:00-3:00pm.

For more information about Big Bocs Bwyd please click on the link below:

<https://bigbocsbwyd.co.uk/>

Pontypool Community Council
Working in partnership with Torfaen Play

FOOD & FUN CAMPS

FUN ACTIVITIES BASED ON HEALTHY FOOD CHOICES
Having fun through sport, music, drama, cooking, arts & crafts and much more!

Monday 27th July to Thursday 20th August
For ages 5 to 11 years

Garnteg Primary School
Hillcrest, Garndiffaith
Pontypool, NP4 7SJ
10:00am - 3:00pm

- A wide range of activities linked to play, wellbeing and physical activity all Summer.
- Breakfast and lunch provided daily and free of charge. (there is no option to provide a packed lunch)
- Places limited - advance application only.
- FREE Family breakfast every Friday morning.

PRE-BOOKING REQUIRED
Please use the QR code
For more information please contact:
torfaenplay@torfaen.gov.uk

*Support places may be limited due to large number of pre-registered requests for support.

FREE OF CHARGE

Logos: @chwaraetorfaentorfaenplay, Chwarae Torfaen Torfaen Play, @torfaenplayservice, torfaenplay@torfaen.gov.uk, Pontypool Community Council, Torfaen Society, Torfaen Play.

Breakfast Club

A reminder that our breakfast club begins at **8.20am** and finishes at **8.50am**. Please ensure children arrive on time. 🍌 🍌

Late Arrivals 🕒

If pupils arrive at 9:00am and after, please can all Parents & Carers (or whoever brings them to school) take them to the school office for their registration mark and lunch choice. Pupils need to be handed over to office staff. Can Parents & Carers please let other adults who bring children to school know this information too.

Appropriate Footwear 🦶

A reminder to ensure children are wearing appropriate footwear in school, closed toe shoes are necessary for daily mile and climbing frame activities.



Get ready for school

School readiness isn't just about learning letters and numbers, it's about giving children the confidence to try, talk, listen, and learn.

Simple everyday skills like dressing, toileting, communication, and routines all help children feel secure and ready to start school.

Because every little step helps your child grow.

Scan the QR code for practical tips, advice, and further support.

#GetSchoolReady

#NotInMissOut



Get ready for school

Children do best at school when they feel confident, independent, and supported at home.

Simple routines, positive conversations, and everyday life skills all help children feel happy, settled, and ready to learn.

Because confident children are happy learners and want to attend school every day

Scan the QR code for practical tips, advice, and further support.

#GetSchoolReady

#NotInMissOut



School Admissions 2027

Will your child be starting Nursery, Reception or Secondary school in 2027?



In Torfaen, there are a number of Welsh Medium, English Medium and Voluntary Aided (VA) Faith based Schools your child could attend.

Applications for school/nursery can be made online via our website. In submitting an online application, you will receive an instant acknowledgment that your application has been received and you will be notified of the outcome of your application via email on the decision date, rather than waiting for a letter in the post!

There is a deadline for making your application. If you miss this deadline, or change your preference after the closing date, it may increase the possibility of not achieving a place at the school of your choice.

September 2027 Admission Groups	Admission Round Commences	Closing Date for Applications	Decision Date
Nursery	8 June 2026	20 July 2026, 5pm	18 September 2026
Reception	13 November 2026	15 January 2027, 5pm	16 April 2027*
Secondary	18 September 2026	30 October 2026, 5pm	1 March 2027*

*This is a common offer date across all Welsh admission authorities.



Scan the QR code now to view the application process!

Moving Up Project



MOVING UP PROJECT FOOD & FUN TRANSITIONAL CAMP

Pontypool Community Council
Supported by Torfaen Play

27th July - 20th August
10:00am - 3:00pm
8 - 12 years old

Supporting your journey into Secondary School in a fun and holistic way linked to play, wellbeing, mindfulness, nutrition and healthy lifestyle choices through sports, music, drama, cooking arts and craft and much more!!

They will also receive a nutritious breakfast and lunch from the school catering team.

FREE OF CHARGE

Abersychan Comprehensive School
Abersychan,
Pontypool,
NP4 8PQ

BOOKING IS REQUIRED
Please use the QR code to pre book
For more information please contact:
torfaenplay@torfaen.gov.uk

BWYD A HWYL FOOD AND FUN

Logos for Pontypool Community Council, Torfaen Play, and Abersychan Comprehensive School.

<https://my.torfaen.gov.uk/icustomer/?cuid=50ADF899271B3232003E0635F850B08FA8COB418&lang=en>

The ABUHB School Nursing Service

Parent/CarerLine



07507 330 206

Parent/CarerLine

SMS Text Service for parents/carers
of children aged 5-16

Logos for School Nursing Service, Looked After Children, and GIG NHS.

The ABUHB School Nursing Service are excited to launch Parent/CarerLine, a new SMS text service for parents and carers of children aged 5 to 16!

Parents and carers can text our school nurses on [07507330206](tel:07507330206) for expert advice and support with a child's health and wellbeing. * Texts are replied to Monday - Friday 9:00 - 16:00 (excluding bank holidays)

Who are School Nurses?

School nurses are specially trained public health nurses who can help with a range of physical and emotional health issues, such as emotional wellbeing, toileting, immunisations, low mood, exam stress, self-harm, behaviour, relationships, healthy eating and more.

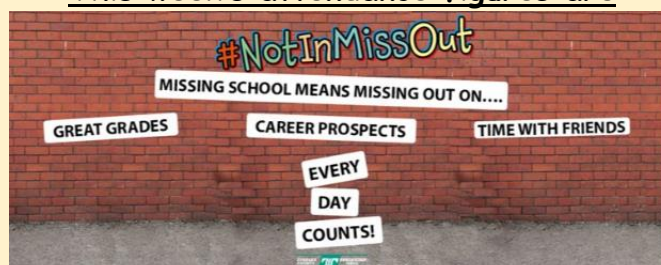


Attendance Winners 22nd June- 26th June 2026

Congratulations to Dosbarth 1 Mrs Lewis who were foundation phase attendance winners with 87.19% and Dosbarth 11 Mrs Parker-Evans 88.89%

WELL DONE! DA IAWN!

This week's attendance figures are



Year	% overall	Class	Percentage	Year	% overall	Class	Percentage
Nursery	80.78	0	80.78	3 / 4	82	5	79.31
Reception	84.41	1	84.41			6	84.67
		1	81.85	2	81.85	3/4	92.07
1 / 2	89.96					3	84.29
		4	95.63	9	86.77		
				5 / 6	93.22	10	92
						11	94.44

Class	Target by end of year	Current percentage to date
3	95	90.12
4	95	91.91
5	95	92.18
6	95	90.98
7	95	94.03

8	95	88.03
9	95	91.03
10	95	92.34
11	95	92.33

Seren Yr Wythnos

Foundation Phase		Key Stage 2	
Class	Seren Yr Wythnos	Class	
Nursery - Mrs Rogers	AM- Finley H PM- Maeve	Dosbarth 5 - Mr Key	George
Dosbarth 1 - Mrs Lewis	Finley	Dosbarth 6 - Miss Williams	Logan
Dosbarth 2 - Miss Dalton	Darcy-Mae	Dosbarth 7 - Mr Phillips	
Dosbarth 3 - Miss Bones / Mrs Attewell	Caden	Dosbarth 8 - Mrs Ngwenya	Whole class
Dosbarth 4 - Miss Brooks	Maisie C	Dosbarth 9 - Mrs Emanuel	Tilly
		Dosbarth 10 - Mrs Lee	Phoebe & Faye
		Dosbarth 11 - Mrs Parker-Evans	

Meithrin - Meithrin have been superstars this week. We have loved hearing about your adventures in your new classes and meeting new friends. We are so proud of the morning nursery with the super singing in the Teddy Bear picnic celebration. Just a reminder that the afternoon rising 3 children need to attend morning nursery on Monday 6th July at 9.00am-11.30am. We have really appreciated the support parents have given us during this busy time. We hope you have a lovely weekend.

Dosbarth 1 - Our Reception children have been amazing at learning new sounds through Read Write Inc. They have shown fantastic enthusiasm, resilience, and determination as they build their early reading skills. They have also worked incredibly hard when choosing their new learning targets to help them continue to grow and succeed as they move into their new classes. We are so proud of the confidence, independence, and positive attitudes they have shown throughout the year. Next week, could we please have all home learning logs, reading books, and reading records returned to school so that we can pass them on to the children's new classes? Thank you for your support. Diolch, and have a lovely weekend!

Dosbarth 2- This week, Dosbarth Dau have finalised and improved their stories using feedback from peer assessments to create even better pieces of writing. We really enjoyed sharing our stories with our peers. In Maths, we have enjoyed practising our mental maths skills, focusing on odd and even numbers and number bonds within 10. We also had a fantastic Move Up Day and thoroughly enjoyed spending time in our new classes, ready for the exciting year ahead. Da iawn Dosbarth dau for a wonderful week 😊

Dosbarth 3 - Another wonderful week of learning in dosbarth tri this week. We have been exploring rounding to the nearest 10 and 100 through lots of different games, rhymes and songs. We have also started to write our fantasy stories. You have included wow words, adjectives and similes to make your story magical and exciting. A big Da iawn! Everyone has had a fabulous successful move-up day too! 😊
Diolch!

Dosbarth 4 - Ffantesteg week this week Dosbarth 4! This week we have been looking at rounding maths of numbers up to a 1000 and re writing our versions of our class story using our very own settings we have created. We also had a fantastic week in move up day and the children we really excited to tell us about their new teachers and friends. Gwaith da Pawb!

Dosbarth 5 - Wow Class 5, what an amazing week, it has been lovely to see you enjoying sports day and move up days this week! We are proud of how you have engaged with these events this week! In class we have been completing our instruction writing and reinforcing our understanding of column addition and subtraction. Da iawn pawb!

Dosbarth 6 & 7 - Da iawn for another fantastic week in class 6 & 7. You have all worked very hard and it was lovely to see everyone enjoying sports day this week and celebrating your achievements. In class we have been completing our instruction writing and reinforcing our understanding of column addition and subtraction. Da iawn pawb, have a lovely weekend!

Dosbarth 8, 9 & 10 - Da iawn for a brilliant week! Year 5 enjoyed their STEM session with Mrs James from Abersychan. A reminder that next Wednesday is the last swimming session for Year 5.

Dosbarth 11 - Another successful week and a wonderful Prom celebration. A big well done for your continued hard work. We cannot wait to celebrate with families and loved ones at our leavers concert, Friday 10th at 1.30pm. Have a lovely weekend.

Community Notices

We would like to share with you details of the next series of Talks in Torfaen for parents/caregivers - please see flyer attached).

These are **FREE** 1-hour wellbeing talks that take place weekly on **Fridays from 9.30 - 10.30am**, and start on **Friday 12th June 2026**. Talks take place online using Microsoft Teams and are facilitated by NHS Clinical Psychologists.

To register to attend these talks, you can click the link here: [Primary Talks in Torfaen for Parents & Caregivers: Summer 2026 Sign Up Form - Fill in form](#)



Primary Talks in Torfaen for Parents & Caregivers

Summer 2026

A series of talks for **ALL** parents & caregivers of children who are **nursery** or **primary** school age (**1-10 years old**) in Torfaen.

Talks will take place online using **Microsoft Teams** and are delivered by **NHS Psychologists**.

Talks are about **supporting your child with their...**



Friday
12th June
9:30 - 10:30am
Emotional Wellbeing

Friday
19th June
9:30 - 10:30am
Difficult Emotions
e.g. separation anxiety, anger, feeling nervous

Friday
26th June
9:30 - 10:30am
Development
e.g. understanding emotions, social skills, concentration

DEEP DIVE



Friday
3rd July
9:30 - 11.00am
Screens & Devices

Friday
10th July
9:30 - 10:30am
Going back to School
e.g. after summer holidays, start of new school year

If you would like to book on to these talks please click on the link below or scan the QR code
<https://forms.cloud.microsoft/e/CXaZnC3tFa>



You are invited to join our free virtual swap shop:



FREE SCHOOL CLOTHES.com

Join our **growing community**. Easy to adopt with significant benefits for schools and families:

FreeSchoolClothes.com is a free, not-for-profit "virtual swap shop" helping families share and reuse school clothes and other essentials locally within your school community, for free.

- Help families to save money.
- Protecting our planet by reducing waste.
- Strengthening our communities.

Founded in 2022 at Ysgol Treganna, Cardiff. **Now covering all UK schools.**

It's easy to get started. Simply share this message and QR code with your families.

Please visit [FreeSchoolClothes.com](https://freeschoolclothes.com) to join our new virtual swap shop.

Offer outgrown school clothes to other families in our school community. Browse and request things that you need, for free. Save money and protect the planet.



For **support** or to volunteer as a school champion please contact: support@freeschoolclothes.com

- **Your school is already live** on the platform and ready to go.
- **Free** to join and use. Not-for-profit.
- **No storage or handling** of clothes, redistribution happens directly between families.
- **Sustainability goals:** live impact data show money saved and carbon offset for your school.
- **Always open:** when families need it most, evenings, weekends and school holidays.
- **Compliments existing physical swap shop initiatives**, if you have one.

amgueddfa.cymru **AMGUEDDFA CYMRU** museum.wales

Y PARTI MAWR THE BIG BASH

Cerddoriaeth, bwyd, gweithgareddau i'r teulu a llawer mwy! Music, food, family activities and much more!

Mynediad am Ddim Free Entry
Gorffennaf 4 July 2026

Big Pit Amgueddfa Lofaol Cymru, Blaenafon
Big Pit National Coal Museum, Blaenafon

Yn ddiwedd ym 2024
Cynhyrwyd gan
Yn ddiwedd ym 2024
Cynhyrwyd gan
Yn ddiwedd ym 2024
Cynhyrwyd gan



BLAENAVON RFC UNDER 11'S

WE'RE RECRUITING! COME AND JOIN OUR TEAM



TRAINING EVERY TUESDAY 6-7PM AT BLAENAVON RFC

- Skill development
- Fully qualified coaches
- Build lifetime friendships
- Learn the game
- No experience needed
- Friendly and great fun

CONTACT AMY ON 07799 453 216

Find us on @Blaenavonrfcunder11's and @blaenavonRFCminiandjuniors

Are you supporting a child with ND/ADHD and would like to join a peer support group?



Peer Support For Adult Parent/Carers of ND children.

Run By Volunteers With Lived Experience.

- No Diagnosis Needed
- Based In Gwent
- Regular Face-To-Face Meetings
- Friendly, Supportive And Non-Judgemental
- Focus On ADHD Plus Other Neurodivergent Conditions Such As Autism.

NEW GROUP In Abergavenny

4th Tuesday of the month
during term time 10am-12.

GPCN Hub

The Old Police Station, Lewis
Lane, Abergavenny
NP7 5BB



Find us on Facebook
ADHD + Newport



Caring Canines Cymru Charity Fund Raising Event 2026



*** 3 Raffle categories ***



4 x tickets Vue Cinema **Family** 4 x tickets Hollywood Bowl **Family**

£30 voucher at the Dorallt Inn, Cwmbra **Family**

£15 gift voucher The Entertainer **Family**

Entry for 4 at Cheeky Monkeys (2 adults, 2 children) **Family**

Sweets from Ye Olde Sweet Shop **Family**

4 x 30 min therapy sessions with Caring Canine **Family** ** 4 x individual prizes

4 x Family passes Green Meadow Community Farm (entry for 2 adults, 2 children) **Family** **** 4 x individual prizes

Meal voucher at the Farmers Table at Community Farm **Family**

Round of golf for 4 West Mon Golf Club **Adult**

2 x grounds passes at Chepstow Race Course **Adult**

Just feet by Jacqui - foot care treatment voucher **Adult**

Bannatynes beauty voucher **Adult**

Psychic / Medium event tickets or private session **Adult**

Complexion beauty salon, Caerleon voucher **Adult**

Jelena beautician voucher - £30 ear piercing **Adult**

Mutley Crew course of sessions (choice of courses available) **Dog**

and many more prizes - Good luck



**foster
wales**
Torfaen



**help teenagers foster their own story.
visit torfaen.fosterwales.gov.wales**

fostering a teenager means being there for key moments in their life.

your support can offer stability, encouragement, and a safe space to grow. It's not just about changing a life – it's about empowering a young person to write their own life story.

as a foster carer with us, you'll receive:

• support from your local fostering team

• access to your local fostering community

• fees and allowances

• training and development

• Fostering Network membership – the UK's leading fostering charity

• New Family Social membership – a support network for LGBTQ+ foster carers

• refer a friend bonus



torfaen.fosterwales.gov.wales



01495 766669



fosterwalestorfaen@torfaen.gov.uk



LEARN TO SWIM AT HALO LEISURE

Learning to swim is more than fun – it's lifesaving.

Build confidence, stay safe, and enjoy the water with Halo's Learn to Swim Programme.



Sign up to our learn to swim programme between 1st & 30th June 2026 and enjoy:

First 2 lessons

FREE+
50% OFF
first 2 months

SAFER SWIMMERS START HERE



JOIN TODAY

Let's make swimming second nature.



Call **01432 842075** or pop into your local Halo pool.

www.haloleisure.org.uk



halo



BABY & ME
EXERCISE CLASS

Pontypool Community Council
Cyngor Cymuned Pont-Y-Pŵl

FREE BABY & MUM EXERCISE CLASS!

★ **STARTING THURSDAY 4th JUNE at 1PM** ★

Contact me at shelitefitness@live.co.uk to register!

Benefits for the Mother

- **Physical Recovery:** Restores strength and tones abdominal and pelvic muscles.
- **Weight Management:** Helps with losing post-pregnancy weight.
- **Mental Well-being:** Reduces stress, anxiety, and symptoms of postpartum depression.
- **Increased Energy:** Improves energy levels and sleep.
- **Social Connection:** Meet other new mums in a supportive setting.

Benefits for the Baby

- **Bonding:** Builds emotional connection with mum.
- **Development:** Stimulates social awareness, fine motor skills, and balance.
- **Comfort:** Soothes colic and aids digestion.
- **Relaxation:** Helps babies relax and sleep better.



Funded via
Pontypool Community Council



BLAENAVON ON THE MOVE!

Launching Our New Bike Recycling Project & Community Bike Library



DONATE & RENEW!
BIKE RECYCLING PROJECT

Sustainable Transport -
Give Old Bikes New Life!



FREE WHEELS!
BIKE LIBRARY

Access to Bikes -
Borrow, Ride, Explore!




JOIN THE MOVEMENT!

VOLUNTEER
OPENING DAY

Community Building -
Make a Difference!



We have Teamed Up With
Active Travel. 

Join us as we launch an exciting new community initiative focused on **sustainable transport, accessibility, and hands-on skills.**

WHAT'S HAPPENING?

- Live Bike Repairs And Demo
- Volunteer Sign Ups
- Donation Station
- Bike Library Registrations
- Refreshments
- Information And Advice
- And So Much More

Event Details

Location: Circulate Recycling
Unit 14, Gilchrist Thomas
Industrial Estate, Blaenavon
Date: Wednesday, 3rd June 2026
Time: 10:00 AM – 2:00 PM



SPOTLIGHT DANCE FITNESS

Gentle Spotlight Dance Fitness

Move at your own pace with simple choreography, uplifting music, and a relaxed, supportive atmosphere.

A softer take on the classic Spotlight session — same fun, less intensity.



Thursdays - 10:30am Garndiffaith Millennium Hall

Fridays - 11am Blaenavon Workmen's Hall

No experience needed. Everyone welcome.

Contact Rachael: 07484 737410



WHAT'S ON Gwent Carers Hub

May 2026

Monday - Friday, 10am - 3pm

The Hub is open to provide advice, information and support on your caring role in a relaxed, friendly and informal environment.

Gwent Hub Closures This Month:

Monday 4th May
Monday 25th May

May Support Groups:

Unpaid Carers Support Group

Every Monday
10am-2pm

Unpaid Carers Support Group

Every Wednesday 10am-2pm please contact the Hub to let us know you are coming



How Adferiad Recovery yn
wyfddil corfforellyd a charitable
incorporated organisation registered in
England and Wales

Cyfeirnod cofrestrwyd: 7y Dafydd Alan, 36 Rhodfa'r Ystradow, Bae Calwyn, LL23 8JA. Rhif Cofrestru: 275024 Rhif Eitem: 1039386
Registered address: 7y Dafydd Alan, 36 Rhodfa'r Ystradow, Bae Calwyn, LL23 8JA. Registered number: 275024 Charity Number: 1039386

Upcoming Activities

Reflecting On Our Service

Reflecting On Our Service - What Does Our Service Mean To You?

Wednesday 6th May 2026 10am-2pm

Gwent Carers Hub, 3 Central Mews, Off Market Street, Pontypool, NP4 6JN

Unpaid Carers Bracelet Making

Come And Join Us To Make A Bracelet

Wednesday 13th May 2026 10AM-2PM

THE GWENT CARERS HUB 3 CENTRAL MEWS, OFF MARKET STREET, PONTYPOOL, NP4 6JN
EMAIL: GWENTCARERSHUB@ADFERIAD.ORG
01495 367564

Unpaid Carers Mosaic crafting

Wednesday 20th May 2026 10AM-2PM

THE GWENT CARERS HUB 3 CENTRAL MEWS, OFF MARKET STREET, PONTYPOOL, NP4 6JN EMAIL: GWENTCARERSHUB@ADFERIAD.ORG 01495 367564

Unpaid Carers Scrapbook Making

We Will Be Doing This Every Last Wednesday Of The Month. Please Contact Us To Let Us Know You Will Be Attending

Wednesday 27th May 2026 10AM-2PM

THE GWENT CARERS HUB 3 CENTRAL MEWS, OFF MARKET STREET, PONTYPOOL, NP4 6JN EMAIL: GWENTCARERSHUB@ADFERIAD.ORG 01495 367564

To book onto any of the activities, please contact the Gwent Carers Hub on 01495 367564 / gwentcarershub@adferiad.org



How Adferiad Recovery yn
wyfddil corfforellyd a charitable
incorporated organisation registered in
England and Wales

Cyfeirnod cofrestrwyd: 7y Dafydd Alan, 36 Rhodfa'r Ystradow, Bae Calwyn, LL23 8JA. Rhif Cofrestru: 275024 Rhif Eitem: 1039386
Registered address: 7y Dafydd Alan, 36 Rhodfa'r Ystradow, Bae Calwyn, LL23 8JA. Registered number: 275024 Charity Number: 1039386

● WEEKLY ACTIVITIES IN ● GARNDIFFAITH AND ABERSYCHAN

MONDAY

10 am - 11am

Yoga - Cwmavon Village Hall
Baby & Me - Millenium Hall

10 am - Midday

Drawing & Talking - Coedwedd
Community Hub

12.30 - 2.30pm

Open art session - Coedwedd
Community Hub

1pm - 3pm

Wellbeing Through Stitch -
Cwmavon Village Hall

TUESDAY

10 am - 11am

Couch to 5km - Coedwedd
Community Hub

10 am - Midday

Coffee Morning - Trinity
Methodist Church

10.30am - 11am

Tai Chi Talywain OAP Hall

11.30am - 12.30pm

Body Weight Exercise Class -
Millenium Hall

Midday - 2pm

Lunch club - Talywain Rugby
Club

2.30pm - 4.30pm

Pensioners Club - Victoria
Village Hall

WEDNESDAY

10 am - 11am

Tai Chi - Millenium Hall

10am - 2.30pm

Men's shed - Coedwedd
Community Hub

2pm - 4pm

Prize Bingo - Victoria Village
Hall

Cwmavon & Blaenavon
Crafters - Cwmavon Village
Hall

6pm - 8pm

Noddfa Teens - Noddfa
Church

8pm - 10pm

Old Time Modern Dancing -
Millenium Hall

THURSDAY

10am - 11.30am

Shelite (gentle exercise class) -
Millenium Hall

10am Start

Wellbeing Walk - Coedwedd
Community Hub

10am - Midday

Art for Everyone - Cwmavon
Village Hall

12.30pm - 2.30pm

Little Feet (parent and baby
group) - Noddfa Church

1.30pm - 3.30pm

Knifty Knitters - Millenium Hall

FRIDAY

9.30 - 10.30am

Pop in & Play (family with pre-
school children) - Millenium
Hall

10am - 11am

Tai Chi - Cwmavon Village Hall

10am - Midday

Feet-Up Friday - Noddfa
Church

10am - 2.30pm

Fun & Games - Coedwedd
Community Hub

6pm - 8pm

Noddfa Juniors - Noddfa
Church



The Millennium Hall are running 3 warm hubs on a weekly basis for the next few months.

Monday: 11am - 2pm will be just a warm hub (free refreshments and somewhere to go and have a chat)

Wednesday: 1pm - 4pm will be a film club (free to attend)

Saturday: 11am - 2pm will be a family film club (free to attend)

Victoria Village Hall:

Thursday: Cake and Company 11am - 1pm (free refreshments)

Coedwedd Community Hub

Coedwedd Community Hub offer sessions in our local community for adults, including DIY, Chat and Snack and Craft and Relax. Please visit their website to find out more.

[Coedwedd Community Hub | Home | Stanley Road, Gardiffaith, Abersychan, Pontypool](#)



Coedwedd Community Hub

Wellness in the Workshop
Wellbeing Walks
Coffee Mornings
Social Garden
Drawing & Talking

"Strangers are just friends we haven't met yet"

"Mae dieithriaid yn ffrindiau nad ydym wedi cwrdd â nhw eto"

info@coedwedd.org
Coedwedd Community Hub

MEN'S SHEDS
CYMRU

Stanley Road
Garndiffaith, NP4 7LY
(opposite Premier shop)

Coedwedd Communitu Hub

Weekly Schedule

LET'S TALK

Monday 10am - 3pm

- Drawing & Talking 10am - Midday
- Open House Art 12:30 - 14:30

Tuesday 10am - 3pm

- To Be Confirmed

Wednesday 10am - 3pm

- Coffee Morning 10:00 - Midday
- Men's Shed (Social & Workshop) 10:00 - 14:30

Thursday 10am - 3pm

- Social Walk 10:30 - 13:00

Friday 10am - 3pm

- Fun & Games 10am - 14:30



Unit 14, Gilchrist Thomas Industrial Estate, Blaenavon. NP4 9RL

GARNSYCHAN PARTNERSHIP

Community Hub

Monday - Friday 9am - 4:30pm

- Coffee Corner
- FREE WIFI and Computer Library
- Community Kitchen
- Pantry
- FoodBank
- BabyBank
- Fuel Support
- Prescription and Welfare Support Packages
- Befriending Calls
- Volunteering
- Training Courses
- Bike Recycling
- Furniture Retail Shop

01495 774453

kindest Regards,

Mrs Roche & all the staff at Garnteg Primary School